

Munch Sun

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VOL. 26, NO. 44

SANIBEL & CAPTIVA ISLANDS, FLORIDA

MAY 3, 2019

MAY SUNRISE/SUNSET:

3 6:50 • 8:01 **4** 6:49 • 8:02 **5** 6:48 • 8:02 **6** 6:47 • 8:03 **7** 6:47 • 8:03 **8** 6:46 • 8:04 **9** 6:45 • 8:04

page from Anderson's travel and art journal

'Ding' Darling 75th Anniversary Celebration

Torking from his studio at Blind Pass on Sanibel Island, wildlife artist Ed Anderson from Boise, Idaho will be participating in an eight-week artist "in

image provided

residence" educational program at the JN "Ding" Darling National Wildlife Refuge. "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS) is hosting the program as part of the refuge's 75th anniversary celebration running through December 1, 2020

Our refuge was created by conservation artist Jay Norwood 'Ding' Darling in 1945, continued on page 23

Student Spring Music Showcase



The Sanibel School Elementary Choir will be performing at the Spring Music Showcase

photo provided

by Jeff Lysiak

his Friday evening, May 3, the Spring Music Showcase – featuring the Seahorse Chorale, elementary choir and performing arts students - returns to The Sanibel School. The showcase begins at 6:30 p.m., with doors opening at 6:05 p.m. Tickets are \$5 for adults and

admission is free for students. Tickets can be purchased at the door. A concessions stand will also be available for food and drink purchases. All funds raised will go to support The Sanibel School Music Department.

According to Joey Giangreco, school continued on page 10



Construction crews from Benchmark General Contractors arrived at the Bailey-Matthews National Shell Museum on April 22 to begin work on a massive renovation project that's expected to last eight months photos by Jeff Lysiak

Construction Begins At Museum

by Jeff Lysiak

he long awaited first phase of construction work on the Bailey-Matthews National Shell Museum's Your Museum Comes Alive! project finally

"came alive" last week, with crews from Benchmark General Contractors arriving on April 22. Work is expected to last eight months.

"They've done a lot of work in only four days," Dorrie Hipschman, executive director of the Bailey-Matthews National Shell Museum, said last Thursday afternoon. "And while (sounds of the construction work) may be loud outside of



One of the construction workers removing the drop ceiling from the first floor of the

the museum, inside it's surprisingly quiet." Due to the size and scope of the construction work currently being done, the museum will be temporarily closed to

visitors between May 1 and July 4. According to Hipschman, the Benchmark workers began by removing some of the exterior walls on the ground floor level of the museum. Next, interior walls came down, followed by the drop

"Next week, they're planning on removing the concrete flooring," she continued on page 36

Hurricane Preparedness Seminar May 10

by Jeff Lysiak

The City of Sanibel's annual Hurricane Preparedness Seminar will be held on Friday, May 10 beginning at 11 a.m. at The Community House, located at 2173 Periwinkle Way on Sanibel. The program is free and all citizens and businesses are encouraged to attend.

Sanibel Chief of Police William Dalton will lead the seminar and review the city's storm plans. Information shared by industry professionals will also include how to prepare families and homes for hurricane season, how to use new hurricane-related technology and how Lee County's Emergency Management Team responds to hurricanes and other disasters.

This year's featured speakers will include:

Dave Roberts, the City of Sanibel's official weather consultant. He will provide information on hurricane formation, the categories of tropical systems and dangers of storm surge.

Lee Mayfield, director of Lee County Public Safety and Emergency Management. He will explain the county's responsibilities in dealing with tropical storm systems.

Sandra Tapfumaneyi, operations chief for Lee County Emergency Management. She will discuss family emergency planning.



From left, City of Sanibel representatives Harold Law, Steve Chaipel, Keith Williams, James Evans and Chief William Dalton all spoke at last year's annual Hurricane Preparedness Seminar photo by Jeff Lysiak

Keith Williams, City of Sanibel Community Services Department director. He will discuss the city's post-storm recovery plan.

Harold Law, City of Sanibel building official. He will review city building codes.

Kathy Y. Monroe, FISH of SanCap program director. She will discuss special needs issues on Sanibel and Captiva.

Anyone unable to attend the May 10 seminar is encouraged to watch the video of it online at www.mysanibel.com a few weeks after the event.

"Hurricanes can happen during any month of the year," Roberts said at last year's seminar, noting that certain conditions need to be present. "You need

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the water temperature to be about 80 degrees."

Roberts also stressed the importance of heeding calls for an evacuation, especially when powerful storm surges are predicted. "I can tell you that a 15-foot storm surge is very unlikely, but a three- to five-foot storm surge can happen," he added. "Believe me, you don't want to get caught in that because one foot of standing water can move an SUV. They can be deadly."

The Lee County Emergency Management Team will also take part in free hurricane seminars on Wednesday, May 22 at the Fort Myers Regional Library, located at 2450 First Street in Fort Myers. It will take place at 10 a.m. in the large conference room A/B. Also, on Wednesday, June 19, a hurricane seminar will be held at Cape Coral Public Library, located at 921 SW 39th Terrace in Cape Coral starting at 2 p.m. in the large meeting room.

For additional emergency planning information, visit www.leeeoc.com.

Causeway Bridge Inspections

ee County Department of Transportation (DOT) consultant TY Lin International will perform planned bridge inspections on the three Sanibel Causeway bridges as part of a routine monitoring program established in 2013. Work is anticipated to begin Monday, May 6 and be completed by summer, weather permitting.

No lane closures are anticipated. Workers will be on the bridge shoulders from 9 a.m. to 4:30 p.m. on weekdays. Motorists will navigate slight lane shifts with minor traffic disruptions during the daily set up and breakdown of equipment. Lee DOT will place variable message signs to alert drivers.

The purpose of the inspection is to check the status of the repairs made to selected cracks, as well as to evaluate the performance of the different materials that were used in those repairs. Additionally, workers will monitor cracks identified in prior inspection reports.

For more information, visit www. leegov.com/dot, call 533-9400 or email leetraffictoc@leegov.com.



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The early Sanibel-Captiva Chamber of Commerce

photo courtesy Sanibel Historical Museum and Village

Sanibel Historical Museum And Village

Landmark: The Early Chamber Of Commerce

his week's image features the interior of the early Sanibel-Captiva Chamber of Commerce, with the rate board showing motels and houses available for rent, and two staff members on duty at the information desk.

Learn more about the history of Sanibel at the Sanibel Historical Museum and Village, 950 Dunlop Road, next to BIG ARTS. The village is open Tuesday through Saturday from 10 a.m. to 4 p.m. through April. Full guided tours take place at 10:30 a.m. and 1:30 p.m. at no additional charge. Beginning May 1, village hours are 10 a.m. to 1 p.m., with one guided tour at 10:30 a.m. There is handicap access to the buildings. Admission is \$10 for adults over 18, no charge for members and children.

For more information, visit www. sanibelmuseum.org or call 472-4648.☆

Churches/Temples

ANNUNCIATION GREEK ORTHODOX CHURCH

Reverend Father Dean Nastos. Orthos Service Sunday 9 a.m., Divine Liturgy Sunday 10 a.m., Fellowship Programs, Sunday School, Bible Study. www. annunciation.fl.goarch.org, 8210 Cypress Lake Drive, Fort Myers, 481-2099.

BAT YAM-TEMPLE OF THE ISLANDS

The Reform Jewish congregation has Friday Shabbat services at 7:30 p.m. (7 p.m. from May to Sept.) in Fellowship Hall of Sanibel Congregational UCC. Rabbi Stephen Fuchs, President Barry Fulmer. www.batyam.org, 2050 Periwinkle Way, 732-780-2016.

HISTORIC CAPTIVA **CHAPEL BY THE SEA**

The Rev. Dr. John N. Cedarleaf Services every Sunday 11 a.m. November 11, 2018 thru April 28, 2019. 11580 Chapin Lane, Captiva, 472-1646.

FIRST CHURCH OF CHRIST, SCIENTIST Sunday 10:30 a.m., Sunday School 10:30 a.m., Wednesday afternoon meeting 4:30 p.m. Reading room open, Monday, Wednesday and Friday 10 a.m. to 12 p.m. (November through March), Friday 10 a.m. to 12 p.m. (summer hours). 2950 West Gulf Drive, 472-8684.

SANIBEL FELLOWSHIP, sbc

Join us for Bible study and Worship Sunday 10 a.m. at Island Cinema. Call Pastor Mark Hutchinson, 284-6709.

SANIBEL COMMUNITY CHURCH

Dr. Stephen LeBar, Interim Senior Pastor Sunday Worship: 8 a.m. Traditional in Historic Chapel; 9 a.m. Contemporary and Children's Church in Main Sanctuary; 11

a.m. Traditional in Main Sanctuary. Childcare available at all services. www.sanibelchurch. com, 1740 Periwinkle Way, 472-2684

SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST

The Reverend Dr. John H. Danner, Sr. Pastor. The Reverend Deborah Kunkel, Associate Pastor. Sunday worship: chapel service at 7:45 a.m.: 10 a.m. blended or traditional service (alternate months). Sunday school and nursery care at 10:00 a.m., www.sanibelucc.org, 2050 Periwinkle Way, 472-0497.

ST. ISABEL CATHOLIC CHURCH

Pastor Reverend Christopher Senk, Saturday Vigil Mass 5 p.m., Sunday Mass 8:30 and 10:30 a.m., Sunday May through October 9:30 a.m. only. Daily Mass Wednesday, Thursday and Friday 8:30 a.m. Holy Days call. 3559 San-Cap Road, 472-2763.

ST. MICHAEL & ALL ANGELS **EPISCOPAL CHURCH**

The Rev. Dr. Ellen Sloan, Rector. Saturday Eucharist 5 p.m. Sunday Eucharist 8 and 10:30 a.m. Sunday School 10:30 a.m. (until May 20). Tuesday Morning Prayer 9 a.m. Wednesday Healing Eucharist 9 a.m. Prayer and Potluck first Wednesdays 6 p.m. Taizé Service third Wednesdays 6 p.m., www. saintmichaels-sanibel.org, 2304 Periwinkle Way, 472-2173.

UNITARIAN UNIVERSALISTS OF THE ISLANDS

Meets 5 p.m. on the second Sunday of each month from December through April at the Sanibel Congregational Church. A pot luck is held at a member's home on the third Sunday of each month. ryi39@aol.com, 2050 Periwinkle Way, 433-4901.☼



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The Community House



Chef Jarred Harris leads cooking classes for young chefs

photo provided

Yoga Classes

Yoga for all levels with Barbara Cline is held on Mondays and Thursdays at

On Tuesdays, Vinyasa yoga with Susan Pataky begins at 10 a.m.

Sanibel Yoga for all levels is held at 10 a.m. on Thursdays with Susan Pataky.

Sanibel Yoga Chi (gentle) is held at 11:15 a.m. on Tuesdays and Thursdays with Susan Pataky.

Shell Craftina

Shell craft lessons are held at 10 a.m. on Mondays. All ages are welcome but children must be accompanied by an adult. Shell Crafters are on site until 1 p.m. on Mondays for those who would like to view or purchase their work.

Honey For Sale

Locally harvested honey is for sale, as well as chutneys and other products made by Chef Jarred Harris.

Children's Painting Classes On Wednesdays in July, island artist Sissi Janku will offer painting classes for children ages 8 and older. Known for her popular adult classes, Colorful Sips, Janku is now designing classes for younger painters. With bright colors and fun techniques, Janku will show students how to complete a painting in two hours. The subjects will be local tropical wildlife, inspired by the works of famous artists such as Van Gogh. All materials (including aprons) will be provided. Cost is \$50 per class, which runs from 2 to 4 p.m. Sign up online at www. sanibelcommunityhouse.net.

Kids Cooking First Monday On Monday, May 6 at 2:30 p.m., Chef Jarred Harris will hold his final First Monday Kids Cooking Class of the school year. Young chefs will be in for a treat as they prepare chili cupcakes and cheddar cornbread topping, spanakopita, chicken and waffles cupcakes, ham and gruyere cheese cookies, and meatloaf cupcakes

with mashed potato frosting. Class is designed for ages 7 to 15. Cost is \$50 per child.

Kids Cooking Camp
The first session of Kids Cooking
Camp runs Monday, July 29 to Friday, August 2 from 9 a.m. to noon. Resident Chef Jarred Harris will teach young chefs basic culinary fundamentals and help them develop their cooking skills. Students will learn kitchen safety and classic culinary techniques in team settings.

Day 1: Equipment orientation, kitchen safety, bread, soups and stews

Day 2: Pizza and pasta

Day 3: Team Challenge: Italian lunch

Day 4: Just Desserts

Day 5: Team Challenge: Desserts For more information or to sign up, visit www.sanibelcommunityhouse.net.

Sponsorships are available. If you would like to sponsor a child for a day or a week, call 472-2151.

Cooking Camp For Kids And Teens

The second session of youth cooking classes will run Monday through Friday,



August 5 to 9 from 9 a.m. to noon. Resident Chef Jarred will teach students professional kitchen etiquette and table settings, standard food safety practices, basic knife skills and proper use of weights and measures. The young chefs will also practice a variety of essential kitchen skills with other students who like to cook. Each day's menu is inspired by a different country.

Day 1: Thailand - Fresh Ingredients and Flavors

Day 2: India - Spices and Herbs Day 3: China – Rice and Noodles

Day 4: France - Cookies, Cakes and Pastry

Day 5: Africa - Cocoa and Spice For more information or to sign up, visit www.sanibelcommunityhouse.net.

Sponsorships are available. If you would like to sponsor a child for a day or a week, call 472-2151.

The Community House is located at 2173 Periwinkle Way. For more information, visit www. sanibelcommunityhouse.net or call



OBITUARY



EDWARD H. FRANK

Michigan City has lost a beloved son and community leader, who twice received the highest honor from the governor and truly epitomized the servant leader.

Edward H. Frank was born January 15, 1932 and passed away April 21, 2019 at the age of 87. Ed was the son of George and Sadie (Spiegel) Frank and grew up in Indianapolis. He graduated from Indiana University with a degree in journalism and was an active member of Sigma Alpha Mu fraternity

where he made and maintained lifelong friendships. He was also in ROTC and upon graduating entered the U.S. Air Force as a second lieutenant, serving for two years in Korea as a journalist. After being honorably discharged, Ed continued his journalism career with the *Indianapolis Star* where he served in many capacities and was known for his work as a statehouse reporter and political analyst.

Ed married Ann Wolfenstein in 1957 and moved to Michigan City in 1967 where Ed began a long and distinguished career in public relations for Bethlehem Steel, becoming its chief lobbyist in the state. Ann passed away suddenly in 1976 and Ed fortunately met his second love of his life and married Lorraine Kaplan in 1977.

Ed was a past president of Sinai Temple, the Lions Club, St. Anthony's Hospital Lay board and a member of the Michigan City Library Board and chamber of commerce. Ed was forever active in supporting the Michigan City community. He had the rare privilege of being bestowed the Sagamore of the Wabash honor twice, given by the governor to those who provide distinguished service to the state. Ed was an avid golfer and sports fan and was thrilled to see his beloved Chicago Cubs win a World Series. In retirement, Ed served as a weekly sportswriter to two Southwest Florida newspapers: Island Sun and The River Weekly News. He also worked for the Laporte County Tourism Bureau as an advocate and promoter.

Deeply devoted to his family, he leaves behind five children: Elizabeth Woosley, Laurie (Howard) Prager, Heidi (Charles) Morgan, Darren (Kristine) Kaplan, and Robin (Daniel) Bregman. Ed loved with all his heart his many grandchildren and three great grandchildren. He will be greatly missed by his large extended family and the many friends whose lives he touched.

Funeral services were held on April 23 at Sinai Temple in Michigan City with Rabbi Suzanne Griffel and Rabbi Reni Dickman officiating.

In lieu of flowers, memorial donations may be made to Sinai Temple, 2800 Franklin Street, Michigan City, IN 46360. To sign the guestbook or leave condolences, visit www. carlislefh.com.



Members of the Noah's Ark all-volunteer staff are from left, John Pryor, Stephanie Rahe, David Searles, Linda Korn, Brad Rahn, Karen Rahn, Mickey Huff, Sue Jeffries and Sally McGowan photo provided

Noah's Ark Thrift Shop Announces Summer Hours

oah's Ark thrift shop at St. Michael & All Angels Episcopal Church is operating on summer hours now through Friday, August 9. It is open on Tuesday and Friday from 9:30 a.m. to 12:30 p.m. with no Saturday hours

12:30 p.m., with no Saturday hours.
On August 9, the Ark hosts its annual Bag Day sale. On that day, customers are invited to buy marked bags in the church parking lot for \$4 each, fill them with store goods, and walk away with as many items as the bags can carry. Items that don't fit in the bags are 80 percent off the regular price.

Bag Day marks the end of the summer season for the Ark, which, after August 9, is closed for maintenance and restocking. The shop reopens on October 1, Tuesday and Friday from 9:30 a.m. to 12:30 p.m. In November, the Ark resumes winter season hours, weekdays and the first Saturday of each month from 9:30 a.m. to 12:30 p.m.

Noah's Ark does not take donations between August 9 and September 3. On September 3 and thereafter, donations are accepted. Furniture donations must be approved. Items should be clean and in good condition.

Proceeds from Noah's Ark sales, coupled with monies from the parish's annual budget, go to more than 25 local, regional and global charities and agencies. The Ark staff and St. Michael & All Angels Episcopal Church extend heartfelt thanks to all donors who make the Ark's charitable mission a continuing success.

For more information on Noah's Ark or the activities of the Women of St. Michael's, call 472-2173 or visit www. saintmichaels-sanibel.org.



40TH ANNIVERSARY GALA



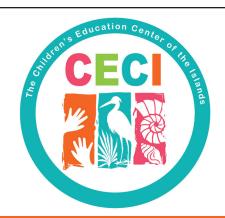
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> Since 1974, the Children's Center of the Islands (CECI) has supported the community as a 501(c)3 nonprofit preschool that is dedicated to create a nurturing learning environment that creates happy, curious and confident children. The school relies heavily on the support of the community. Proceeds from the Spring Festival will benefit the center's scholarship fund and capital improvements.

> > For more information on enrollment or to schedule a tour of the preschool, contact Director Cindy DeCosta at 472-4538 or visit www.ChildrensEducationCenter.com 350 Casa Ybel Road • Sanibel, FL 33957



From left, Rob Shewfelt, chair of the Children & Youth Committee; Jean Chandler, chair of the Green Team; Dana Crater, a CREW leader; and Nancy Jones of the Children & Youth photos provided

Youth Group Helps Church Earn Designation

Tildlife conservation might not be the first thing that springs to mind when thinking about churches, even on the sanctuary island of Sanibel. Nonetheless, as the Rev. Dr. John H. Danner reminded those assembled on Earth Day to celebrate Sanibel Congregational United Church of Christ's (SCUCC) certification as a Garden for Wildlife, the church covenant reads in part, "We will... do all we can to protect as well the birds, animals and plants on this fragile barrier island.

That protection advised by the covenant is in good hands. Thanks to the combined efforts of three groups, the National Wildlife Federation (NWF) has now designated SCUCC's property a National Wildlife Habitat.

Nancy Jones of the Children & Youth Committee brought the idea to the committee, which is chaired by

Rob Shewfelt. They involved the Green Team, chaired by Jean Chandler. She, in turn, contacted the leaders of the church's CREW youth group of middle school and high school students to suggest they pursue certification as a "green" activity. CREW's leaders, Dana Crater, Jim McCallion and Brit Stroud, felt it was a good opportunity.

'Our church grounds are extremely lush and diverse, so we thought we might have a good chance to get certified," said Crater. "It was a great experience for them, and it's important to our church to protect the environment."

Thus, one evening several months ago, with NWF's extensive Walk Through Checklist in hand, CREW members and leaders went on a scavenger hunt. They explored the church property, which not only includes the main campus across from Periwinkle Place shopping center, but also extends onto 17 undeveloped acres behind the church.

They checked off items from among the dozens in four major categories: food, water, cover and places to



From left, Dana Crater, Luke Crater and Henry Whitman unveil the National Wildlife Federation plaque

raise young. To become certified, the property had to qualify in a specified number of areas for each category. For example, in the food category, some of the checked boxes are nectar, pollen and foliage/twigs. Among the places to raise young are mature trees, wetland and burrow.

The checklist also included a section for sustainable practices, with numerous subcategories. CREW members assessed the church grounds based on the major areas: soil and water conservation, controlling exotic species and organic practices. They ascertained that SCUCC complied with the required

Once CREW determined that the SCUCC grounds met the requirements, the NWF provided the plaque that was unveiled on April 22. Announcing that the church property is now officially a wildlife habitat, Danner

told those on hand for the ceremony that he recognizes that this habitat "is something God and nature have had going on for centuries." He added, "It's always important to have the next generation involved."

The Rev. Deb Kunkel, associate pastor at SCUCC, expressed appreciation to everyone who helped with the certification process and thanked all who attended the ceremony, including Sanibel-Captiva Conservation Foundation (SCCF) Public Outreach Coordinator Alexis Horn.

Before the unveiling of the plague, which is visible from the main stairway to the sanctuary, those present sang All Things Bright and Beautiful, and Danner offered a prayer. He also read Egrets, a poem about nature and wildlife by the late Mary Oliver, whom he referred to as "the unofficial poet

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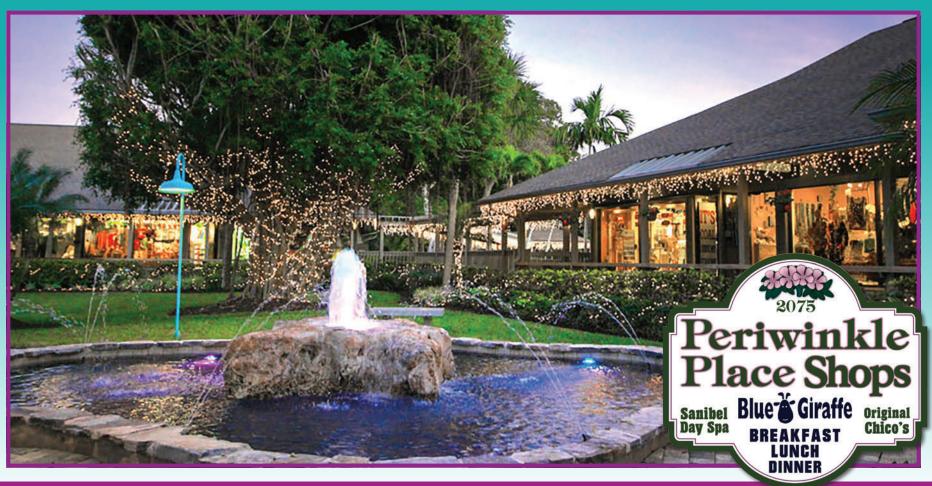
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OBITUARY



LARRY RAY KIKER

arry Ray Kiker, Lee County Board of County Commission chairman, passed away on April 23 at Hope Hospice. He was 67.

Kiker, a longtime public servant and champion for the local community, was first elected to the Lee Board of County Commissioners in 2012 and reelected in 2016. Prior to his election as county commissioner, he served on Fort Myers Beach Town Council for six years, five of those as mayor.

He served as chairman of the Lee Board of County Commissioners in 2014 and again beginning in November 2018. Under his leadership, he restructured the county's budget process and began holding twice-a-month workshops to discuss and develop policy on important issues facing the people of Lee County.

During his time on the commission, he was a strong advocate for the people and businesses of Lee County through his leadership and support of improving water quality; reducing regulations; reducing FEMA flood insurance rates; collaboration with mayors' group and other Southwest Florida counties; conservative budget management; and cutting taxes and fees.

Kiker also spearheaded the effort to reconstruct the entire length of Estero Boulevard on Fort Myers Beach.

Kiker received numerous awards and honors during his distinguished public service career. In 2009, he received the Outstanding Citizen Award from the Greater Fort Myers Beach Chamber of Commerce. In 2013, he was a finalist for The News-Press' People to Watch and in 2014 for the newspaper's Public Official of the Year Award. In 2014, the Florida Association of Counties presented him with the Presidential Advocacy Award.

Kiker lived in Fort Myers with his wife of 14 years, Paula Kiker, and their two dogs. Together, they own Lahaina Realty on Fort Myers Beach. Passionate about their community, the Kikers organized an annual charitable event that directly benefited the children of Fort Muers Beach.

Kiker earned his master of business

administration degree from Northeastern University in Boston. Prior to public service, he worked for large companies across the country. After leaving corporate America, Kiker moved to Fort Myers Beach where he operated a charter service for 10 years as a licensed U.S. Coast Guard captain and dive master.

Kiker will be remembered for seeking innovative and meaningful solutions to the challenges his community faced, working to make the quality of life better for the people he served.

Regarding his passing, Lee County Commissioners released the following statements:

"It's rare in the world of politics to find a friend like Larry Kiker. On top of his passionate service for Lee County, he had an amazing sense of humor and always delivered the right quip with the perfect timing. We will miss our chairman and will work to honor his legacy.

– Vice Chairman Brian Hamman "Larry was passionate about serving his community and devoted his heart and soul to the county commission. But above all

he was a great friend, and I am honored to have had the opportunity to serve with him over the last seven years. He will truly be missed, but never forgotten.

- Comissioner Cecil Pendergrass
"I never met a public official who seemed to enjoy the political arena more than Larry. And he played skillfully in that arena. He was a strong and effective advocate for whatever battle he was fighting. I will miss him on the commission.

- Commissioner Frank Mann "What I will always remember about Larry was his compassion and caring about all of the issues we face on an almost daily basis. His constituents were well served by him and were well represented. I will miss his analytical style of looking for answers."

– Commissioner John Manning A memorial service was held on May 2 at Sanibel Harbour Marriott Resort & Spa. In lieu of flowers, donations can be made to Hope Hospice at HealthPark, 9470 HealthPark Circle, Fort Myers, FL 33908.⇔

From page 1

Music Showcase

music educator, the Seahorse Chorale, elementary choir and performing arts students will be presenting a sneak preview of their upcoming production of Disney's *The Little Mermaid Jr.*

'Our Spring Music Showcase was postponed from its original date of April 11 due to major issues we were having with our old sound system," explained Giangreco. "We now have a brand new sound system thanks in part to a generous donation from the Padgett Family Foundation. Our new sound system is now up and running and we are very excited to debut our new sound system at the Spring Music Showcase on May 3.

The schedule of songs to be performed that evening will include performing arts students singing Human Stuff, Under The Sea and She's In Love. Following intermission, the elementary choir will perform Hot! Hot! Hot! (arrangement by John Higgins), Wonderful Life (from Smallfoot, arrangement by Lisa DeSpain featuring soloist Anna Anderson-Kilgore), I'm A Believer (arrangement by Mark Brymer), Supercalifragilistic expialidocious (from Walt Disney's Mary Poppins, arrangement by Janet Day featuring soloists Jacky Chavez-Santana, Eva

Anderson-Kilgore, Emalee Peach and Kyler Kouril) and We All Need Peace.

Later, the Seahorse Chorale will perform Misty Morning, Dodi Li (arrangement by Doreen Rao with Lilly Doster, Une Jankauskaite, Kylie Lusk and Faith Mitchell as the featured small ensemble), Breakaway (arrangement by Andy Beck featuring soloist Lilly Doster), How Far I'll Go (from Walt Disney's Moana, arrangement by Audrey Snyder featuring soloist Kylie Lusk), Galop and My Shot (from Broadway's Hamilton, arrangement by Mac Huff featuring soloist Nik Bakos).

The finale of the showcase will be the Jim Papoulis' chorale masterpiece Music Changes The World (featuring speakers Sophia Sbarra-Michelland, Crystal Jones, Chloe Otalvaro and Josh Schwartz as well as instrumentalists Nik Bakos and Preston

"Students have been rehearsing since January in both during and after school rehearsals for the Spring Music Showcase. The students have put in a lot of hard work to prepare for this performance and I am very proud of them," added Giangreco. "We hope that the Spring Music Showcase will musically inspire audience members and excite them to come to our upcoming production of Disney's The Little Mermaid Jr. on Thursday, May 16 and Friday, May 17."

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Carolina wild petunia is a nectar source for butterflies and other pollinators

photos by Gerri Reaves

Plant Smart

Carolina Wild Petunia

by Gerri Reaves

arolina wild petunia (Ruellia caroliniensisis) a native perennial found throughout most of the state. In the wild, it grows in dry pine flatwoods, sandhills and deciduous hammocks.

The common name is based on a physical resemblance to the common garden petunia, but the two are not

A member of the Acanthus family, it is also known as Florida ruellia and Carolina

It provides nectar for butterflies, honey bees, native bees, wasps and hummingbirds. In South Florida, it is a host plant for the common buckeye, white peacock and malachite butterflies.

This species has a moderate growth rate, producing slender upright or trailing unbranched stems reaching up to two feet

The opposite leaves are oval, hairy and about three inches long.



This native wildflower can be used as a low-maintenance groundcover or container plant

The showy flowers have five petal-like lobes and measure 1 ½ inches to two inches across.

Blue, lavender, or pink, and sometimes white, the flowers appear singly or in clusters of two or four.

They are stalkless, with a flaring mouth, four stamens and a long tube directly attached to the stem.

They last only a few morning hours, except on cloudy days, but bloom for most of the year in South Florida.

The small brown seed capsule is about a half-inch long and is borne on hooked projections.

Upon ripening, it explodes, hurling about five seeds.

This adaptable wildflower prefers a sunny dry spot, but will grow in either sun or shade or in sandy or organic soil. It has low nutritional requirements.

Once established, it is drought tolerant but will also tolerate a moist site.

It is not very salt tolerant, however. Use it in a butterfly or wildflower garden or as a low-maintenance

groundcover. The plant readily reseeds but can easily be propagated with seeds or cuttings and

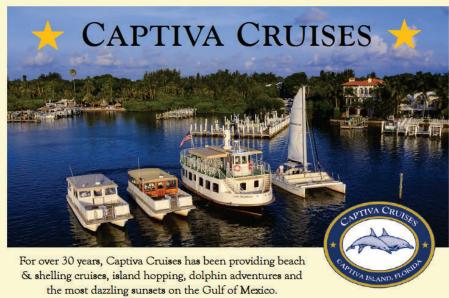
can be grown in containers or hanging baskets too.

A cautionary note: Purchasing this flower from a reputable native-plant nursery will ensure that you don't unintentionally buy the highly invasive Mexican petunia (Ruellia simplex), which is listed as a category-I invasive pest plant in Florida.

Sources: Complete Guide to Florida Wildflowers and Everglades Wildflowers by Roger L. Hammer, Florida Gardener's Guide by Tom MacCubbin and Georgia B. Tasker, Florida Wild Flowers and Roadside Plants by C. Ritchie Bell and Bryan J. Taylor, Florida's Native Plants by Robert G. Haehle and Joan Brookwell, A Gardener's Guide to Florida's Native Plants by Rufino Osorio, The Guide to Florida Wildflowers by Walter Kingsley Taylor, National Audubon Society Field Guide to Florida by Peter Alden et al., The Right Plants for Dry Places by Sheryl Bowman et al., Wildflowers of Florida by Jaret C. Daniels and Stan Tekiela, www. fnps.org, www.regionalconservation.org, and www.wildflower.org.

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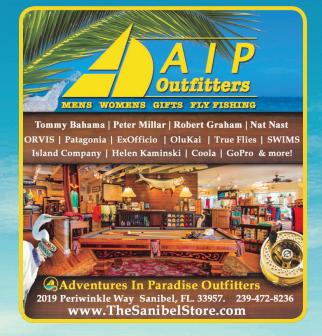


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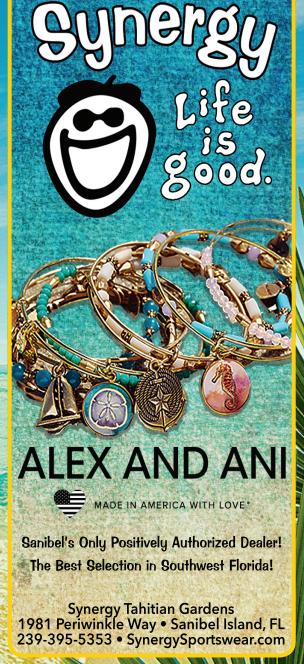


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Practice Extreme Tarpon Patience



by Capt. Matt Mitchell

Tith May tarpon fishing now in full swing, this week was a reminder of just how much the day's conditions can make or break a tarpon trip. Strong winds can bring any hopes of a successful day to a grinding halt. Even in the few days following a strong blow, the choppy seas and stirred up chalk-colored water sticks around. Then, as conditions gradually improve each day, we slowly start seeing more and more tarpon reappear.

For the past two weeks, really strong windy cold

fronts have blown through and completely made our tarpon disappear for a few days. Having tarpon trips scheduled during this time right after these cold fronts had many of us local guides running around with clients and never even locating a fish. This is so frustrating. For a whole week before these fronts, tarpon were in the same places day after day.

During windy days, I've learned that it's often better to just pick the last place you saw tarpon before the weather event and set up. After these past two blows, the eastern side of the sound was the only decent looking water around and also the only place to hide from an easterly wind. After setting up for a few hours post-front, we did manage to see a few rolling fish, which gives everyone much more confidence that you may have a chance of hooking one. The worse the weather is the smaller the playing field gets with only so many places to hide.

Tarpon are an amazing fish and, like any other big game hunt, you simply have to put in your time to get your shots. It does not make much sense to pick one random day if your chasing your bucket list fish. It's better if you can go a few times over a week spreading out the days to improve your odds. Catching a tarpon can require more patience than any other kind of fishing we do, but with patience can come great rewards. Windy days after a cold front can be the toughest days to be a guide as you know nothing will come easy.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.☆



A tarpon comes boatside before being released unharmed

photo provided



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CROW Case Of The Week:

North American River Otter



by Bob Petcher

he North American river otter (Lontra canadensis) is a member of the weasel family. It makes its home in a burrow, called a den or a holt, near the water's edge. These dwellings

feature numerous tunnels, one of which is connected to the water.

River otters are natural swimmers that learn to swim just two months after birth. Their powerful tails and the fluidity of flexing their long bodies act as a propulsion through the water. Their webbed feet and water repellent fur keep them dry and warm, while their nostrils and ears close in the water. They are proficient at diving as well with abilities to reach 60 feet below water.

On land, river otters can move quite efficiently and act like playful youngsters by bounding, running and sliding down hillsides and into water.

However, river otters are wild predators, should not be approached and are sensitive to environmental pollution. If an area is polluted, the river otter will move to a new place that isn't tainted.

Interestingly, river otters communicate

with sounds and smells either by scent markings within groups or by low frequency chuckling, a hissing bark, snarling growl, whistle, snort, chirp or grunt, depending on whether they are playing, distressed, in pain or irritated.

At CROW, an adult male North American river otter was admitted from Port Charlotte after it was suspected to have been struck by a vehicle. As a result, the otter suffered a fractured femur in its left hind leg. But the main concern at the time of admission was that the otter was hyperthermic (overheated).

When the otter arrived, the hyperthermia was the main concern as this was the most life threatening abnormality on presentation," said Dr. Kyle Abbott, CROW veterinary intern. "The otter was comatose when he was presented due to this hyperthermia.'

Once the otter was stabilized, it was taken to Specialized Veterinary Services in Fort Myers, where Dr. Jason Eisele placed a plate and screws in the injured leg to stabilize the fractures. A second surgery was needed in which a pin was added after the otter reinjured the leg during recovery.

The surgery was performed by a boarded veterinary surgeon who performs orthopedic repairs on mammals, cats and dogs, more regularly. We ultimately perform surgeries on all of our other patients, but this required a different kind of specialized surgical care to give this otter the best chance at recovery," said Dr. Abbott. "During the fracture recovery period for any mammal, which is usually seven to eight weeks long, strict cage rest



Patient #19-0320 relaxes during recovery

photo by Brian Bohlman

is important for healing. However, with a large, wild river otter, this is not possible to achieve like it would be with other animals. Like any otter, this patient was active and during his activity he re-injured the leg.

A radiograph check three weeks after the second surgery and seven and a half weeks after surgery have showed the plate, screws and pin remain in place and the bone has made progress in healing, but it still needs more time to fully heal.

'Initially the otter was on antibiotics and pain control for his healing leg and surgical site. The otter was steadily moved to larger cages while healing as his use of the injured leg increased," added

Dr. Abbott. "We will be rechecking his radiographs in four weeks from his most recent ones. The radiographic evidence of healing is moving well in certain areas, and slower in others. Another four weeks should give the bone further time to heal. We will reassess at that time and hopefully plan for his release."

CROW (Clinic for the Rehabilitation

of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.☆





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Highlights From Children's Education Center 25th Annual Spring Festival







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The Easter egg hunt is always a big hit





CECI Director Ms. Cindy, third from left, with daughters Sofia, Olympia and Izzy DeCosta and



Courtney and Paxton Galantino with the Easter Bunny



John Riegert, CECI alumni and parent of a current student, hugging the Easter Bunny



A young girl filling her basket



Kerby Padgett



Many fern plants that are commonly seen on Sanibel are invasive species photos provided City Of Sanibel Vegetation Committee

What's That Fern?

t the time of city incorporation, the Sanibel community decided that our island shall remain a sanctuary island, living in harmony with the island's wildlife and natural habitats. The Sanibel community works to promote native plants, not only because our native animals are dependent on them, but because native plants require less maintenance. Native plants are adapted to the local climate and therefore do not need to be irrigated after they are established, and do not need fertilizer or pesticides to thrive. All characteristics that promote a healthy ecosystem.

Of course, many plants that are not native do well here. We refer to them as "exotic" or "non-native." We define a plant as native when a plant is documented as growing in Florida before the explorers arrived in 1500s. Exotics have been introduced since the 16th century and many of them are colorful additions to our native yards. We need to be aware of the exotics that have been proven to change the composition of plant communities by displacing native species, altering the ecological balance and hybridizing with natives. These plants are called "invasive exotics.

Florida has documented 80 invasive,

exotic species that are disrupting native plant communities and 86 species that have the potential to be disruptive. Visit www.fleppc.org to learn more.

Often invasive, exotics can be hard to tell from their close native relatives. Sanibel's sword or Boston ferns are an example of that dilemma. Boston ferns have been admired and valued for decades. They can be seen in homes and public buildings almost everywhere. Native sword (or Boston) ferns, cultivars and exotic sword ferns were marketed and sold as landscape and house plants.

The native Boston fern (Nephrolepis exaltata) and the invasive, exotic Boston fern or tuberous sword fern (Nephrolepis cordifolia) are two sword ferns that have been planted on Sanibel that can be particularly difficult to separate. Both species are shown above. The frond on the left is the native Boston fern. It grows up to four feet in length and is much more flexible, appearing to "weep." The invasive tuberous sword fern on the right is shorter growing, only three feet long and is stiffly erect.

The upper leaflets or pinnae from the invasive tuberous sword fern are two inches long and .25 inches wide. They are mostly straight but can be curved with a blunt tip. They are very closely spaced on the frond. The lower pinnae of the

continued on page 29









Walks depart at 9 a.m. every day, from the Island Inn. Advance reservations are required. Register online at:

SHELLMUSEUM.ORG/BEACH-WALK

Left-Handed Melampus



by José H. Leal, PhD, Bailey-Matthews National Shell Museum Science Director and Curator

The Lefthanded Melampus, Blauneria heteroclita Montagu, 1808, is

an unusual gastropod found in mangrove areas of the Caribbean, the Gulf of Mexico and the southeastern United States. Its sinistral (left-handed) shell reaches about 5 mm (0.2 inch), is slender, bullet-shaped, with a glossy surface (when well-preserved), covered with microscopic growth lines. The Left-handed Melampus belongs to the family Ellobiidae, a group of air-breathing (pulmonate) snails that evolved to inhabit areas very close to high tide line, without actually living in sea water. The species was first collected on Sanibel by Jim Scatterday, who found individuals living under the bark of red mangroves, in a small community that includes other ellobiids, truncatellid gastropods and isopod crustaceans. Read more about local mollusks at www. shellmuseum.org/southwest-florida-shells and www.shellmuseum.org/blog.

Shell Museum Events

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The Left-handed Melampus, Blauneria heteroclita

photo by James F. Kelly

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Museum is located at 3075 SanibelCaptiva Road. Call 395-2233 or visit
www.shellmuseum.org.

Season Closure For Snook Begins

nook is closed to all harvest in gulf state, federal and inland waters, including Everglades National Park, effective May 1.

Seasonal harvest closures conserve Florida's valuable snook populations and help sustain and improve the fishery for the future.

Snook also remain catch and release only in waters from the Pasco-Hernando county line south to Gordon Pass in Collier County due to impacts from the previous red tide.

Snook are one of the many reasons Florida is the Fishing Capital of the World. While snook may be caught and released during the closed season, the FWC encourages anglers to handle their catch carefully to help the fish survive upon release. Proper handling methods can help ensure the species' abundance for anglers today and generations to come. visit www.myfwc.com/fishing and click on "Saltwater Fishing," "Recreational Regulations" and "Fish Handling."

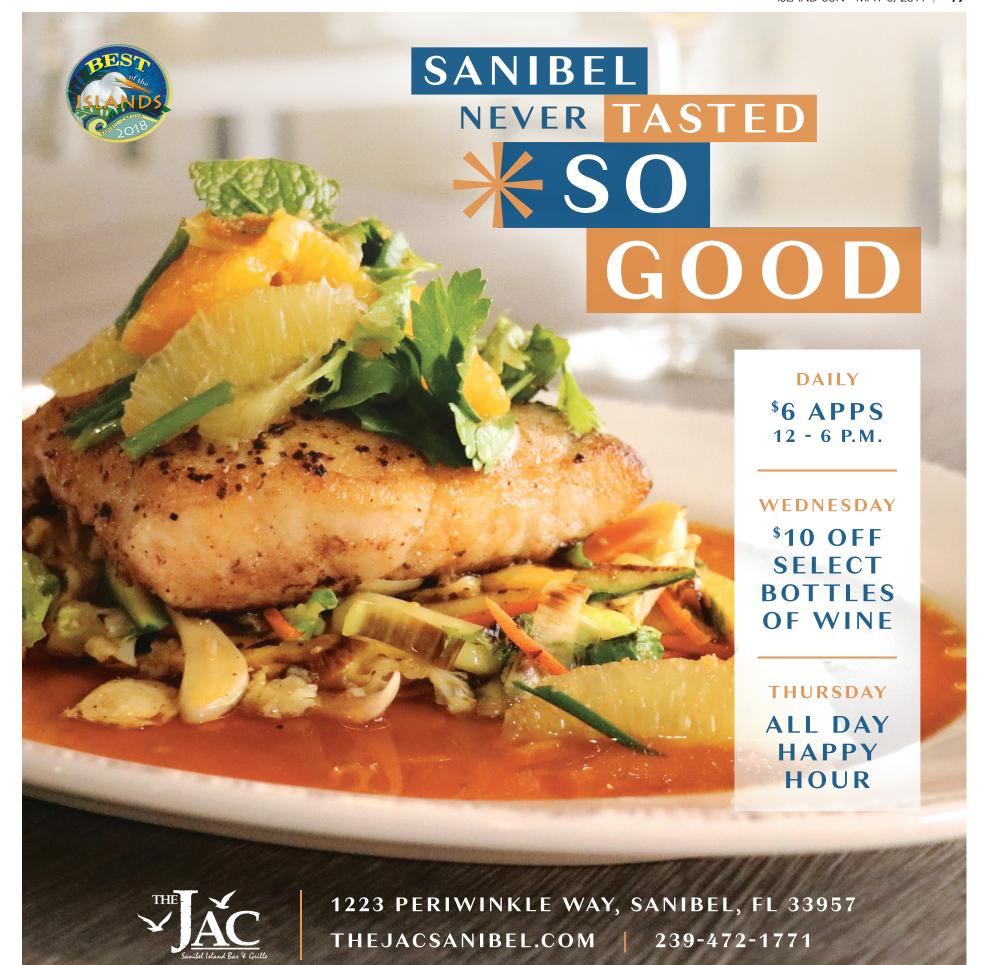
Anglers can report their catch on the Snook & Gamefish Foundation's website at www.snookfoundation. org by clicking on the "Angler Action Program" link in the bar at the top of the page.

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Sea Turtle Nesting Season Begins

ay marks the beginning of sea turtle nesting season on many of Florida's beaches. The Florida Fish and Wildlife Conservation Commission (FWC) is asking beachfront property owners and beach visitors to help nesting turtles and hatchlings by turning off or shielding lights that are visible from the beach at night.

"Making an effort to keep our beaches dark at night is one of the most important things you can do to help sea turtles, said Robbin Trindell, head of the FWC sea turtle management program. "Even small artificial lights from a house, a flashlight or a cellphone camera can confuse female sea turtles and their hatchlings, and cause them to wander off course.

Sea turtle nesting is starting now on beaches along the gulf coast, including the Florida Panhandle, as well as the state's northeast Atlantic coast and from Miami-Dade County south to the Keys. Nesting began earlier in March along Florida's southeast Atlantic coast from Brevard County south to Broward County.

Florida is a critically important destination for nesting sea turtles. More loggerhead turtles nest here than anywhere else in the continental United States, with 91,451 loggerhead nests counted statewide during the 2018 nesting season. Leatherback and green sea turtles also nest



Sea turtle hatchling on the sand

in significant numbers in Florida.

What are the basics of being sea turtle-friendly?

It's a sea turtle night, turn off the light - After sundown, turn off any lights not necessary for human safety. Use long wavelength amber LED lamps for lights that must stay lit and shield lights so they are not visible from the beach. Remember to close shades or curtains.

Sea turtles get lost in the light – On the beach at night, don't take flash photos or use bright cellphones or flashlights.

Sea turtles are protected and must be

photo provided

respected - Stay back and give sea turtles space if you see one on the beach at night. Don't touch a nesting turtle because it may leave the beach without nesting if disturbed. Remember, it is illegal to harm or disturb nesting sea turtles, their nests, eggs or hatchlings.

Clear the way at the end of the day - Beach furniture, canopies, boats and toys left behind on the sand can become obstacles that block nesting and hatchling turtles. Fill in any holes dug in the sand.

Keep your distance from nests and hatchlings – Do not handle hatchlings crawling toward the water. Any interference or disturbance by people, such as getting too close or taking flash photos, increases the chances the hatchlings will get confused, go in the wrong direction and not reach the ocean quickly. That makes them vulnerable to dehydration, exhaustion and predators. As with all wildlife, watching from a distance is best.

Buildings and other structures along the beach that need lights for human safety can be lit with long wavelength amber LED bulbs in a downward-directed, well-shielded fixture that is not visible from the beach. The FWC tests lights submitted by manufacturers to see if they meet the "Keep it long (wavelength), Keep it low (lumens and mounting height) and Keep it shielded" requirement. Approved fixtures are less likely to impact nesting or hatchling sea turtles. The agency maintains a list of these certified wildlife-friendly fixtures so property owners along Florida's coastlines can easily find options that work for human and sea turtle safety. The list is available at www.myfwc.com/conservation by clicking on "How You Can Conserve," "Wildlife Lighting" and then "Certified."

The FWC works to conserve Florida sea turtles, including coordinating nesting beach survey programs around the state. People can help by reporting sick, injured, entangled or dead sea turtles to the FWC's Wildlife Alert Hotline at 1-888-404-3922, #FWC or *FWC on a cellphone or text Tip@MyFWC.com.

Learn more about Florida's sea turtles at www.myfwc.com/seaturtle.☆

CROW Calendar Of Events

he Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact the Visitor Education Center at 472-3644 ext. 229 or reservations@crowclinic.org. Hours are 10 a.m. to 4 p.m. Monday through Friday. Daily presentations and Wildlife Walk hospital tours are offered Monday through Friday at 11 a.m. CROW is located at 3883 Sanibel-Captiva Road.

Friday, May 3, 11 a.m. to **12:30 p.m.**, \$25 per person, advance registration with payment required -Wildlife Walk with Rehabilitators and Staff hospital tour.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Friday, May 3, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge – Why Animals Come to CROW (daily presentation).

Whether animals are sick, injured or orphaned, CROW aims to lead in their recovery. From fishing line entanglement to abducted babies, this presentation will address the most likely reasons patients are admitted to the hospital.

Monday, May 6, 11 a.m. to **12:30 p.m.**, \$25 per person, advance



registration with payment required -Wildlife Walk with Kehabilitators and Staff hospital tour.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Monday, May 6, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge - CROW Case of the Week (daily presentation).

CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories. One of CROW's animal ambassadors will be present.

Tuesday, May 7, 11 a.m. to

12:30 p.m., \$25 per person, advance registration with payment required -Wildlife Walk with Rehabilitators and Staff hospital tour.

Wildlife Walks are approximately 1.5

hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Tuesday, May 7, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge – Patient Profiles: Virginia Opossums (daily presentation).

Virginia opossums are the only marsupial, or pouched mammal, native to the United States. They are highly adaptable animals and can live in a variety of habitats, both natural and human made. Although it may not be obvious to some people, opossums are a unique member of Florida's wildlife, playing an important role in the function of a healthy ecosystem. One of CROW's animal ambassadors will be present.

Wednesday, May 8, 11 a.m. to **12:30 p.m.**, \$25 per person, advance registration with payment required Wildlife Walk with Rehabilitators and Staff hospital tour.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Wednesday, May 8, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge - CROW Case of the Week (daily presentation).

CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite

patient stories. One of CROW's animal ambassadors will be present.

Thursday, May 9, 11 a.m. to **12:30 p.m.**, \$25 per person, advance registration with payment required -Wildlife Walk with Rehabilitators and Staff hospital tour.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Thursday, May 9, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge – Patient Profiles: Owls of Southwest Florida (daily presentation).

Raptors are birds that prey on other animals in the wild to survive. Their specialized beaks and talons make them some of the most effective hunters. This presentation discusses the unique adaptations of the native and migratory raptors of Florida, specifically the five species of nocturnal hunters known as owls. One of CROW's animal

Thursday, May 9, 1 p.m. adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge – Lost at Sea: The Impact of Plastics on a Growing Seabird Conservation Crisis (special presentation).

Plastic debris affects avian wildlife in a myriad of ways. Recent research, as well as experience at CROW, is revealing some startling information about this growing conservation crisis. Take a fascinating look at the impacts of plastic on avian health and habitat, and ways you can help. This presentation is being held in honor of World Migratory Bird Day (May 11). 公



Antique automobiles and sporty hot rods on display at Periwinkle Place

photo provided

Motor Club Hosting One More Cruise-In

an Cap Motor Club members decided to extend their monthly Cars & Coffee Cruise-In for one more month. All are welcome to stop by Periwinkle Place shopping center on Saturday, May 4 from 9 to 11 a.m. to see scores of muscle cars, antique cars and hot rods.

A continental breakfast including donuts, coffee and other refreshments will be provided by the Blue Giraffe Restaurant. No pre-registration is



The final Cars & Coffee Cruise-In of the season will be held this Saturday

necessary and admission is free.

Island automobile enthusiasts meet on the first Saturday of every month through May from 9 to 11 a.m. at Periwinkle Place. Organizers suggest an 8:30 a.m. arrival if you want a good spot for your

classic. To those simply admiring, there is plenty of parking in the rear of the shopping center.

For more information, call Scot Congress at 472-4177 or email scot@scongress.com.



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CROW Medical and Research Director Dr. Heather Barron examining a northern gannet, a migratory seabird that spends most of its time at sea

Celebrate World Migratory Bird Day With CROW

In honor of World Migratory Bird Day (May 11), the Clinic for the Rehabilitation (CROW) will host a special presentation about plastic pollution on Thursday, May 9 at 1 p.m. in the AWC Visitor Education Center.

World Migratory Bird Day (WMBD) is an annual awareness-raising campaign highlighting the need for the conservation of migratory birds and their habitats. It has

a global outreach and is an effective tool to help raise global awareness of the threats faced by migratory birds, their ecological importance and the need for international cooperation to conserve them. The theme for this year's WMBD is Protect Birds: Be the Solution to Plastic Pollution and will put the spotlight on the impact of plastic pollution on migratory birds and their

"We live in the age of plastics, but this convenience comes at a price that has tremendous impact on the health of our environment, wildlife and even ourselves," said Dr. Heather Barron, CROW's medical and research director, who will be giving a presentation on May 9 as part of WMBD.

"Everyone needs to be aware of the pervasiveness of plastics in order to better protect Earth and all her children," said

Titled Lost at Sea: The Impacts of Plastics on a Growing Seabird Conservation Crisis, Dr. Barron's presentation will focus on how plastic pollution affects seabirds. She will share recent research, as well as experiences

from CROW's wildlife hospital, that reveals startling information about the growing plastic pollution epidemic. A question and answer session will follow.

The presentation is included with general admission to CROW's AWC Visitor Education Center. Cost is \$12 for adults, \$7 for ages 4 to 12 and no charge for ages 3 and under. CROW is located at 3883 Sanibel-Captiva Road on Sanibel.

Building Community





by Kealy McNeal

he Ocean Tribe Paddlers' club mission is to assist the local paddling community to better explore, enjoy and understand the ocean, and to help paddlers become engaged stewards of our marine environment. As we gain new members and grow our community of paddlers, we enjoy learning more about each individual and why they decided to join.

Our newest member is an amazingly kind and spirited women, who happens to be a recent widow. She enjoyed paddling with her late husband – not only for the good company, but also for safety reasons. She feels less comfortable paddling and transporting her kayak alone. She joined our community to get back on the water, and to honor and remain connected with her loved one by continuing a shared favorite activity. Members are able to reserve kayaks or stand up paddleboards for group paddling events without worrying about transportation or maintenance, which can be a helpful option for solo paddlers.

The club has welcomed our new member with open arms, and we feel inspired by her story. We encourage anyone who may be in a similar situation to follow her lead and seek ways to engage in the activities that have brought

Whether you are interested in finding friends with common interests, advancing your skills, or exploring new areas with the help of a guide, feel free to join us for an upcoming event. We would love to meet you and hear your stories.

Ocean Tribe Paddlers is a branch of Sanibel Sea School that helps the local paddling community better explore, enjoy and understand the ocean. Visit www.oceantribepaddlers.org, or follow on Facebook or Instagram to learn

Free Guided Beach Walk

anibel Sea School will offer one last free community beach walk this season on Saturday, May 4 from 9 to 11 a.m. Residents and visitors are welcome to join the organization's marine science educators to explore what has washed ashore. They will talk about any interesting organisms and objects found on the beach, share some basic shell biology and answer any

questions you might have.

Meet at Sanibel Sea School's flagship campus, 455 Periwinkle Way, at 9 a.m.

This event is free and family-friendly, no

reservations are required.

Sanibel Sea School is a 501(c)3 nonprofit whose mission is to improve the ocean's future, one person at a time. Learn more at www.sanibelseaschool.

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The back bar at The Jac Sanibel Island Bar & Grille

photo provided

Island Restaurant Marks One Year, Reopens Back Bar

he Jac Sanibel Island Bar & Grille has a lot to celebrate this May. The top-rated restaurant is marking its one-year anniversary with the much-anticipated return of the back bar. Sanibel and Captiva Islands Chamber of Commerce officials will join owner Eve Alves for a ribboncutting to commemorate the official back bar reopening on Monday, May 20 beginning at 5:30 p.m.

With live music every night from 7 to 11 p.m., The back bar is a place where

75th Anniversary

celebrating our 75th anniversary

Supervisory Refuge Ranger Toni Westland. "Darling, who created the

so it's more than fitting that we begin

with interpretive art programs," said

the first duck stamp and the refuge

system's Blue Goose logo. He won the Pulitzer Prize twice for his popular

Anderson arrives to the island

on May 15, and through July 1 will

be involved in a number of projects

focused on modern-day wildlife and

studio locations along Wildlife Drive

throughout Anderson's stay, so that

from the artist. He will also conduct

formal art and journaling workshops

visitors can informally meet and learn

mentoring children and engaging them

in mural and journaling projects during

The refuge plans to establish pop-up

travel journaling art. He will be

Federal Duck Stamp program, designed

political cartoons throughout the 1920s

From page 1

and '30s.'

that time.

for a game of cornhole. The Jac is now offering its happy hour menu from the back bar as well.

Musicians are scheduled to perform all month long at the back bar, including country powerhouse Neon Summer on Saturday, May 11 and Saturday, May 25. Back by popular demand, The Renata Band will return for a night of dancing on Saturday, May 18.

brunch on Sunday, May 12 from 11 a.m. to 2 p.m.

As part of the anniversary celebration, fans of The Jac can enter for a chance to win a \$50 gift card and free T-shirt. Go to www.Facebook.com/ The Jac Sanibel for instructions on how to enter.☆

guests can get moving or head outside

The Jac will host a Mother's Day

of his journals and art starting in mid-February 2020 in the "Ding" Darling Visitor & Education Center auditoriums. The Refuge Nature Store will also be turning his art into one-of-a-kind souvenirs to benefit conservation and

education efforts at "Ding" Darling.
"I am excited to be inspired by some of 'Ding' Darling's most famous conservation cartoons as part of my body of work at the refuge," said Anderson. "Darling could be considered one of the original wildlife doodling storytellers, and that's essentially how I work.

Anderson's fine art has been published in publications around the United States including Gray's Sporting Journal, Backcountry Journal and, locally, Gulfshore Life. In the interest of conservation, he has donated his work to DDWS, Bonefish & Tarpon Trust, Captains For Clean Water, and various other nonprofits. He has been visiting Sanibel since his childhood, for some 40 years.

For more information about Anderson's work, visit www. edandersonart.com. To keep up to date on the refuge's 75th anniversary celebration, visit www.ding75.org.☆

American Legion Post 123

merican Legion Post 123 invites you to come out and watch the Kentucky Derby this Saturday, May 4. On Sunday, May 5, it's Cinco de Mayo with a Mexican Fiesta



from noon to 8 p.m. On Mother's Day, Sunday, May 12, barbecued ribs and chicken are on the menu from noon to

The 11th annual Redneck O'Limp'ics is scheduled for Sunday, May 26. Opening ceremonies begin at noon. There will be food, drinks and redneck contests for all ages. A cornhole tournament begins at 1 p.m.

The ladies auxilliary meets on Tuesday, May 7 at 6 p.m. and the general meeting will be held on Wednesday, May 8 at 6 p.m.

Every third Thursday of the month is Open Mic Night from 6 to 9 p.m. All are

The 9 Ball Pool Tournament begins at 5 p.m. on Monday nights.

On Tuesdays, tacos are served all

day. Spaghetti and meatballs are served all day on Wednesday. On Fridays, a six-ounce ribeye steak sandwich is on the menu. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m.

If you have a flag that needs to be retired, you can drop it off at Post 123.

American Legion Post 123, located at Mile Marker 3 on Sanibel-Captiva Road, is open Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m. The public is welcome. For more information, call 472-9979.登

Top Ten Books On The Island

- 1. Overstory by Richard Powers
- Gown by Jennifer Robson
- Educated by Tara Westover
- 4. Next Year in Havana by Chanel Cleeton
 - 5. My Husband's Wife by Jane Corry
 - Redemption by David Baldacci
 - Matriarch by Susan Page
 - Book of Dreams by Nina George
- Gentleman in Moscow by Amor

10. Favorite Sister by Jessica Knoll Courtesy MacIntosh Books and Paper.☆



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and demonstrations. Anderson's work this spring and summer will culminate in an exhibition Voted Best Fine Dining Five Years in a Row! Voted Best Seafood and Taste of the Taste

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From left, Capt. Jason Dysarczyk of South Trail Fire, Richard Johnson of Bailey's General Store and Sanibel Fire Chief Matthew Scott photo by Rachel Dysarczyk

Fire Team Wins Chili Challenge

The team from the Sanibel Fire &Rescue District won the Lee County Chili Challenge held on April 13.
Several main ingredients of the winning chili recipe were sponsored by the butcher shop at Bailey's General Store. The event raised more than \$3,000 benefiting local causes, including Honor Flight, South Trail Fire District Firefighter Charlie Russo

and Injured Warriors Fund. The Sanibel Fire District, Fort Myers Fire Department, South Trail Fire and Rescue, Estero Fire Rescue, Lee County Sheriff's Office, South Trail Fire District Benevolent Association, Honor Flight, Marine Corps League, U.S. Coast Guard Station Fort Myers Beach, Polish Legion of American Veterans Post 166 and American Legion Post 38 all competed with chili cooking teams.

The next Lee County Chili Challenge is scheduled for February 1, 2020 at Stu's

The Community House

The Tomatillo





by Resident Chef Jarred Harris

he tomatillo, also known as Mexican husk tomato, Mexican ground cherry or Mexican green tomato, is a staple in Mexican and Latin cuisines. It has a slightly tart lemon flavor and is used to flavor sauces and soups. It is a member of the nightshade family and related to the tomato.

Resembling a small green tomato, the tomatillo is surrounded by a paper-like husk and looks like a Chinese lantern as the fruit matures. Tomatillo means "little tomato" in Spanish and gets its name from the Nahuatl word "tomatl."

Native to Mexico, tomatillos where first cultivated by the Aztecs as early as 900 BC. During the Spanish conquests of Central America and Mexico in the 1500s and 1600s, tomatillos were taken back to Spain and cultivated for a short time. They were not as popular as their cousin, the tomato, and didn't grow very well in the region. Tomatillos were introduced to the United States around

the mid-1800s.

Tomatillos are a good source of dietary fiber, vitamin C, vitamin A, vitamin K, niacin, potassium and manganese. They are also a good source of iron, magnesium, phosphorus and copper.
The health benefits of tomatillo

include boosting the immune system, treating cold and influenza, helping fight inflammation, lowering blood pressure, and improving overall heart and vision health. The fruit contains a powerful antioxidant that has been linked to preventing and helping to fight cancer.

The fruit grows year-round and can be found in several colors at specialty grocers

and supermarkets.

Here is an easy recipe to try;

Salsa Verde

 $1 \frac{1}{2}$ lbs. tomatillos (husk removed and washed)

½ cup onion (chopped)

3 cloves garlic (minced)

½ cup cilantro stems (chopped) Juice and zest of 1 lime

2 jalapeño peppers (stemmed, seeded and chopped)

Salt to taste

Method

Place the tomatillos in a saucepan and cover with water. Bring to a boil and simmer for 5 minutes. Remove the tomatillos with a slotted spoon and place in a blender.

Add the lime juice, onions, garlic, cilantro and jalapeños to the blender.
Pulse until all the ingredients are finely

chopped and blended.

Serve with fish, chicken or pork. It can even be used as a dressing for quinoa or grain salads.☆





Upcoming Tech Programs At Sanibel Library

anibel Public Library offers programs in technology during the month of May. The full event schedule is on the calendar at the library's website at www.sanlib.org.

Coding with Awbie is an app-based coding platform that uses iPads, cameras and coding blocks to teach logic and problem solving. Learning coding can help children succeed in an increasingly digital world. A coding class for school-aged children will be held at the library at 3:30 p.m. on Friday, May 3. There is no registration required and no additional cost to participate.

Witness a virtual sinking of RMS Titanic on Friday, May 10. Users will leave with a greater understanding of the tragedy that unfolded in 1912. Registration is required due to this virtual reality experience length (10 to 20 minutes). Call the library at 472-2483 to set up a time between 10 a.m.

The Summer Reading Kick-Off Party will be held on Saturday, May 25 at 10 a.m. If families cannot attend the kick-off, they can still register in person or online. Summer reading program participants will receive a gift (quantities are limited). As in years past, children can read to earn books for their home library and for patients at Golisano



Sanibel Public Library Adult Services Coordinator Candy Heise teaching a patron how to download eBooks photos provided

Children's Hospital of Southwest Florida. The Sanibel Public Library Foundation, along with the Joan Hunt Cory Children's Fund, underwrites the summer reading program.
In addition to books, cooking kits

and museum passes, the library also

offers Mango, an online language learning tool. Library cardholders can borrow eBooks and audiobooks via the Hoopla or OverDrive Libby apps. Downloadable magazines are available through the RB digital app. Library cardholders can also use the popular



Learn to code with Awbie

on-demand video streaming service Kanopy. The newest library service allows users to download or stream millions of songs with the Freegal music app. If you need help borrowing from the eShelf, call the library at 472-2483 to schedule an appointment.

For more information, call 472-2483 or visit www.sanlib.org. \$\pi\$





www.TheFishHouseRestaurants.com



Flatbread with Tomatoes and **Sweet Peppers**

1 large bell pepper (red, yellow, green or ? of all 3 colors), seeded and sliced thin 2 medium tomatoes, sliced thin

2 medium or 1 large baked flatbread or pizza crust

2 cups mozzarella cheese, shredded (or your favorite)

1/4 cup fresh basil, hand torn ½ cup Parmesan cheese, grated 5 cloves fresh garlic, minced 1 tablespoon olive oil

Sea salt and fresh ground pepper, to taste

Preheat oven to 375 degrees. Spread olive oil and garlic evenly over the flatbread. Evenly distribute three-fourths of the two kinds of cheese over the flatbread. Evenly distribute the bell pepper and tomato over the cheese.



Flatbread with Tomatoes and Sweet Peppers

Add remaining cheese to the top of the flatbread. Season the flatbread lightly with salt and pepper. Bake flatbread on a cookie sheet for 7 to 10 minutes until photo courtesy Fresh From Florida

cheese is melted and bubbly. Remove flatbread from oven and garnish with the hand-torn basil. Cut flatbread into several

LIVE ON THE **ISLANDS**

Il Cielo has live entertainment with Scott McDonald on Tuesday, Wednesday, Thursday, Friday, Saturday and Sunday. Island Cow on Periwinkle Way has live entertainment on Friday with Dan Confrey. Peter Redpath plays on Saturday. On Sunday, it's Dan Confrey.

Traditions on the Beach at Island Inn has live entertainment on Friday with Woody Brubaker and Marvilla Marzan. Dusk performs on Saturday. Woody Brubakers plays on Sunday and Wednesday. On Thursday, it's Barbara Dexter.

> Restaurant owners/managers, please email or fax any changes to your entertainment schedule to press@islandsunnews.com or 395-2299.☆

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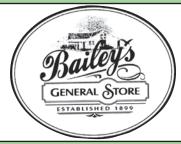








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Owners Karen Bell and Dan Schuyler with store mascots Lily and Jewel

photo provided

Jeweler Hosting Birthday Bash

ily & Co. Jewelers has three reasons to celebrate: the birthdays of mascot Lily, 15, Angel, 11, and 1-year-old Jewel, who brings a little sparkle to the team. The trio extends an invitation to the famous birthday bash, a "pawsitively" good time, from 11 a.m. to 3 p.m. on Saturday, May 11 under a big tent in the parking lot of Lily & Co., located at 520 Tarpon Bay Road.

It will be an afternoon filled with food, fun and raising funds for Animal Refuge Center (ARC). The Fort Myers-based no-kill shelter is dedicated to finding loving homes for cats and dogs who have been spayed or neutered. It was started by a group of individuals who, in 1988, came together with the vision of creating a positive solution to pet overpopulation.

"It takes a supportive community for ARC to carry out its important mission," said Dan Schuyler, co-owner of Lily & Co. with Karen Bell. "We are so excited to celebrate more than a decade of supporting ARC."

Party guests will be able to shop the KC Designs Trunk Show featuring the canine and feline collection, as well as dog and cat giftware by Mariposa under the big tent, where there will also be raffle tickets for the chance to win a diamond dog bone pendant valued at \$900. Tickets are \$5

each or six for \$25 and may be purchased in advance at Lily & Co.

Morningstar Dog Training returns to the party with tips for an obedient dog and Jeff Jarrett will sketch caricature drawings. Island Grooming will talk about spa and styling for your pet and Jan Pearson of Grand Affair Pet Photography will showcase her offerings for long-lasting memories

And, of course, a birthday celebration is never complete without two kinds of cakes – one for the two-legged guests and pup cakes. Island Paws will provide the pup treats while Sanibel Catering Company by Bailey's grills hot dogs and other treats for the human guests. Joey's Custard will provide an ice cream sundae bar.

Four-legged guests are encouraged to come dressed to the (ca)nines for the costume contest. First, second and third places will be awarded to the best-dressed pooch. Judging will be at 2 p.m.

"It will be a great birthday celebration, so mark you calendar and don't forget your furry friend's leash," said Schuyler.

FISH Offering Program On Financial Health

ISH of SanCap, along with Fifth Third Bank, is offering a community presentation, titled Taking Charge of Your Financial Health, on Wednesday, May 15 from 5:30 to 7 p.m. at Saint Michael & All Angels Episcopal Church, located at 2304 Periwinkle Way. This workshop will help individuals and families learn basic budgeting, how to slash debt and boost credit scores.

Kathy Y. Monroe, program director for FISH, said, "Taking Charge of Your Financial Health details how to develop a plan for budgeting and saving which can lead to boosting credit scores and eliminating debt. Financial health is just as important as physical health, because lacking the first can have an impact on the latter. The presenter, Ruben Perales, financial relationship manager from Fifth Third Bank, will introduce this information



Ruben Perales

photo provided

in a very interesting and interactive manner."

This seminar is open to the community and snacks will be provided. For more information and to RSVP, contact Kathy Y. Monroe or Anthony Morales at FISH, 472-4775 \$\frac{1}{2}\$





The Disappeared



by Di Saggau

This was the first book I read by CJ Box, and I told myself it wouldn't be the last and it wasn't. I just finished his latest Wolf Pack, which I will review soon. In Disappeared, Box again writes about

Joe Pickett, a conscientious game warden who gets involved in many a serious plot. A high-profile British ad-agency CEO named Kate Shelford-Longden has disappeared from a posh Wyoming dude ranch on the way to the airport, and the search is on to find her. She filled out a questionnaire before attending the ranch and when it came to allergies, she said: ex-husband and Donald Trump. That will be funny to some and not to others. The tabloids are going nuts with speculation as to her whereabouts.

Game Warden Pickett is asked by the new governor to join the search. He also becomes involved in another case concerning golden eagles. His close friend Nate Romanowski, who was an outlaw falconer with a Special Forces background and who had pledged to protect the Pickett family years before, is among a handful of falconers in the country who is licensed to possess and hunt with a golden eagle. Both cases are interesting.

Joe's 23-year-old daughter Sheridan

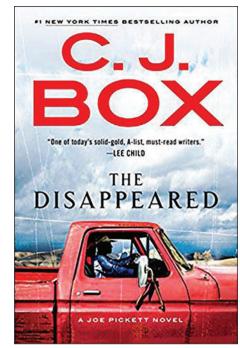


image provided

works at the ranch as a horse wrangler, and she becomes involved in working with her father. His wife Marybeth and their young daughter Lucy remain at home in Saddlestring while their rural state-owned house on Bighorn Road is being rebuilt after a fire destroyed it. Joe's mother-in-law from hell, Missy Vankueren, plays an unexpected role in the goings-on.

Joe is suspicious of his special assignment. With a growing list of suspects and the governor's office pushing for answers, he finally discovers the truth about Cowgirl Kate, and that leads to another dangerous confrontation. There are twists and turns and a brilliant cast of characters that keeps you turning the pages. The plot is smart and compelling with nonstop suspense, and it's also nice the way Box captures touching moments between family members. *The Disappeared* is a rewarding read. And look for *The Wolf Pack* review soon.

School Smart



by Shelley M. Greggs, NCSP

ear Readers, May is National Mental Health Awareness Month. It's a time to reflect about what we do as parents that support our children's mental

health. Experts define good mental health as not only the absence of psychological or behavior problems, but also the presence of wellness or psychological health. For example, self-esteem, self-acceptance, resiliency and effective coping skills contribute to mental health and good behavior in students. While families provide the primary support for developing children's mental health, schools play an important role working with students and families.

I have posted some suggestions for you on how to support your child's mental health. These suggestions can guide you to make good decisions with and for your child and his or her positive mental health.

child and his or her positive mental health.

Create a sense of belonging – Feeling connected and welcomed is essential to children's positive adjustment, self-identification and sense of trust in others and themselves. Building strong, positive relationships among students, school staff and parents is important to promoting mental wellness.

Promote resilience – Adversity is a natural part of life and being resilient is important to overcoming challenges and good mental health. Connectedness, competency, helping others and successfully facing difficult situations can foster resilience.

Develop competencies – Children need to know that they can overcome challenges and accomplish goals through their actions. Achieving academic success and developing individual talents and interests helps children feel competent and more able to deal with stress positively. Social competency is also important. Having friends and staying connected to friends and loved ones can enhance mental wellness

Ensure a positive, safe home and school environment – Feeling safe is critical to students' learning and mental health. Promote positive behaviors such as respect, responsibility and kindness. Prevent negative behaviors such as bullying and harassment. Provide easily understood rules of conduct and fair discipline practices, and ensure an adult presence in common areas, such as hallways, cafeterias, locker rooms and playgrounds. Teach children to work together to stand up to a bully, encourage them to reach out to lonely or excluded peers, celebrate acts of kindness and reinforce the availability of adult support.

Teach and reinforce positive behaviors and decision-making – Provide consistent expectations and support. Teaching children social skills, problem solving and conflict resolution supports good mental health. "Catch" them being successful. Positive feedback validates and reinforces behaviors or accomplishments that are valued by others.

Encourage helping others – Children need to know that they can make a difference. Pro-social behaviors build self-esteem, foster connectedness, reinforce personal responsibility and present opportunities for positive recognition. Helping others and getting involved reinforces being part of the community.

Encourage good physical health – Good physical health supports good mental health. Healthy eating habits, regular exercise and adequate sleep protect kids against the stress of tough situations. Regular exercise also decreases negative emotions such as anxiety, anger and depression.

Adapted from National Association of School Psychologists Handout, Supporting Children's Mental Health: Tips For Parents And Educators

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.

Digital Media Certification

Students interested in the digital arts will soon have the opportunity to earn a college credit certificate (CCC) in Digital Media at Florida SouthWestern State College (FSW) beginning in the 2019 fall term.

The certificate prepares students for entry-level employment in the digital media field. The 15-credit hour program can be completed on its own or as part of an associate in arts degree.

"The Digital Media CCC is a very versatile certificate," said Dana Roes, professor, FSW School of Arts, Humanities and Social Sciences. "The program will offer advanced digital arts, digital animation, web design, graphic design, sound mixing and, next year, we will introduce videogame design."

Students will train in a new, state-ofthe-art Mac lab using Adobe Creative Suite programs including Photoshop, InDesign and Illustrator.

"Digital media is used in almost every field, and it is seeing strong growth in the medical industry as automation continues to increase," Roes said. "The certificate will provide a foot in the door for those interested in this field."

FSW is located at 8099 College Parkway in Fort Myers. For more information, contact the FSW School of Arts, Humanities and Social Sciences at 433-6973.



For Details Call 472-9979

Sanibel Mayor Re-Appointed To Task Force

anibel Mayor Kevin Ruane has been re-appointed to serve on the South Florida Ecosystem Restoration Task Force by Gov. Ron DeSantis. The task force is comprised of 14 members including federal, tribal, state and local representatives, to develop policies, strategies, plans, programs, projects and activities that address the restoration, preservation and protection of the South Florida Ecosystem.

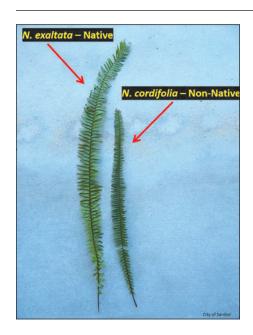
The success of the Everglades restoration will have tremendous economic impact on the coastal communities of South Florida, including Sanibel. Ruane has worked closely with federal and state delegations to advance the Everglades and northern estuaries restoration, specifically the passage of the 2014 Water Resources reform and Development Act (WRRDA), and to promote projects such as C-43 West Basin Reservoir, Everglades



Kevin Ruane

photo provided

Agriculture Area Reservoir (EAA), Kissimmee Restoration and the Central Everglades Planning Project, that will prove a tremendous asset to the task force.



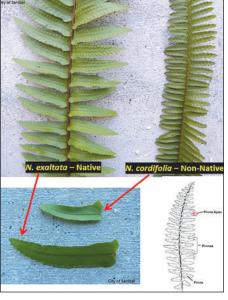


Fern

native Boston fern are three inches long and a half-inch wide. They are slightly curved, becoming sickle shaped, narrowing to a point at the tip. The pinnae of the native Boston fern have more space between pinnae (.25 to .5 inches).

The invasive, exotic tuberous sword fern (N. cordifolia) continues to be sold in the landscape and nursery trade and is rapidly spreading into native plant communities. It is now found in hammocks, marsh edges, flatwoods and conservation areas. Florida Nurserymen and Growers Association encourages a phase-out of the tuberous sword fern from the landscape market.

On Sanibel, we can choose not to landscape with these ferns and to find native alternatives for our yards. Native alternatives include: peperomia (Peperomia obtusifolia), white plumbago (Plumbago zeylanica), coontie (Zamia integrifolia) and wild coffee (Psychotria nervosa). By choosing to plant native, you are choosing to maintain the natural balance of our valued ecosystems and



photos provided

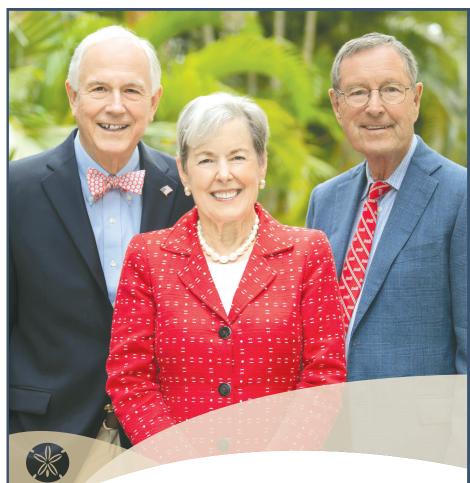
support the wildlife that make Sanibel their home.

The vegetation committee hosts free plant walks from November to April at Sanibel City Hall to view and discuss the use of native plants.

To view pictures of the Invasive Exotic Plants Worst of the Worst or the city's The Alien Invasion brochure, visit www.mysanibel.com/Departments/ Natural-Resources/Vegetation-Information/ Exotic-Vegetation/Other-Invasive-Exotic-Vegetation or contact the city's Natural Resources Department at 472-3700.

To read other Vegetation Committee articles in this series, visit www.mysanibel.com/Departments/Natural-Resources.

The Natural Resources Department section of the city's website, www. mysanibel.com, offers information on native plants, a listing of licensed contractors, Sanibel's vegetation standards and codes, and the Environmental Reference Handbook prepared by the city's vegetation committee. The committee also offers free native plant tours. For more information, call 472-3700.



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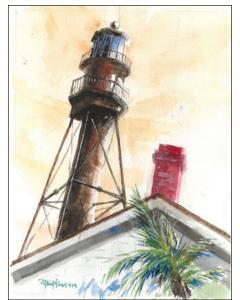
Art League Member Exhibit

Sanibel Captiva Art League members Peter Zell and David Tompkins are exhibiting their artwork this month at The Community House, located at 2173 Periwinkle Way. The public is invited to view the paintings from 9 a.m. to 3 p.m. Monday through Friday.

Zell and Tompkins are avid plein aire painters who work in different styles and mediums, even when they are painting the same scene.

Zell uses oil paints and Masonite on canvas boards. His art shows simplified planes of solid color, sometimes applied with a palette knife, as well as brushes. The finished pieces have an abstract quality that explores color, form and space without depicting specific detail.

Tompkins' watercolors are done in a more traditional style with strong drawing skills, painted quickly to make a statement. His art calls to mind the impressionists striving to tell the viewer about the subject but not make



Sanibel light by David Tompkins

a rendering. He said, "How much can I say with a few brush strokes?

For more information, visit www.



Lghthouse by Peter Zell



From left, Jim and Gaye Pigott with Gustav and Vibeke Christensen



Charlie and Gail Sheetz



Tim Pigott, chair of the BIG ARTS Continue the Dream capital campaign and his wife, Gaye, hosted a construction site party recently to thank donors for their support of BIG ARTS' new home. Construction is under way, with plans for a brand new building and campus to open in early 2020.

Check your email for the rollout of the next phase of the campaign, where members of the community will be invited to get an up-close look as the new BIG ARTS building emerges.

For more information on the project or to make a donation, visit www. bigarts.org.☆



BIG ARTS hard hats were handed out to guests



Jim Pigott, center, with Dan Adams and Mark Stevens of Stevens Construction



Members of the Sanibel & Captiva Islands Chamber of Commerce board of directors, from left, Evelyn Stewart, Melissa Rice, Jeremy Walsh, Kim McGonnell, John Lai, Aaron Pruss, Mary Bondurant, Calli Johnson, Brian Kautz, Lee Ellen Harder, Joel Goodman, Mark Blust and Willy photos by Jeff Lysiak

Chamber Touts Successful Year

by Jeff Lysiak

espite a year that included several challenges of varying intensity, from impaired water quality that greatly affected local businesses to a major facilities renovation that displaced staff and visitors for three months, leaders with the Sanibel & Captiva Islands Chamber of Commerce proclaimed 2018 to be one of their most successful years

on record.

On April 23, chamber members, board of directors and support staff gathered at Sundial Beach Resort & Spa for their annual meeting. In front of a packed conference room, outgoing chamber chairman Aaron Pruss declared "significant progress" during his year-long tenure

"Without question, last year presented some interesting challenges," said Pruss. "Without fail, the president (John Lai), the staff, the board and our unparalleled volunteers met those challenges head on and kept the course. The result, in



Chauncey Goss receiving the Citizen of the Year Award from Mary Bondurant

my humble estimation, is a stronger, wiser, more progressive organization well prepared to service its membership and lead on the issues important to our islands and its businesses. Simply put: we are in good hands."

During his state of the chamber address, Lai detailed several accomplishments achieved by the chamber in 2018. Among them were 42 new members, a 90.37 percent membership retention rate, 1,441,080 total website visits and 6,086,222 total social media impressions. Last year, the chamber received 64,446 Facebook



Brian Kautz presenting the Business Person of the Year Award to Doug Babcock of Sanibel Captiva Beach Resorts

page likes, a 12.70 percent increase over 2017. It also increased its number of Instagram followers from 356 to 4.635 over the previous 18 months.

The chamber visitor center, which welcomed more than 85,500 visitors and handled more than 10,000 phone calls, underwent a major remodeling project which aimed to bring the facility into the 21st century. The refurbished building now includes state of the art technologies and touchscreen information kiosks.

"The repurposing of the visitor center evidences a total commitment by our continued on page 34

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www.SanibelCaptivaRealEstateGuide.com 836 Donax St.



This 3 BR/2 BA family home overlooks the Sanibel River and allows for weekly rentals. Living room, dining and kitchen combo have French door access to the screened back porch with lush vegetation. Community pool; easy walking distance to beach access.

\$575,000

3941 Coquina Dr.

Selling or Just Want to Chat... Talk to Chuck!



New! New! New! Completely renovated 3 BR/2 BA ground level home with enclosed salt water pool. Short walk to beach. Great room AND den fireplace; impact glass, new electrical, plumbing, irrigation and more! A must see home.

\$849,000

4156 West Gulf Drive



This 3BR/2BA has been updated with cathedral ceilings, an inviting kitchen and dining/living room combo. The master bedroom with en-suite has private access to the rear porch. The beautifully designed guest bath includes an etched glass enclosed walk-in shower. Relax on the large rear porch or play a game of tennis or pickleball on your private court.

\$1,329,000

Sandpiper Beach #303



Beautifully updated 2BR/2BA corner unit with vaulted ceilings and gulf-front and pool views. Fully outfitted for rental with great rental income history.

\$785,000

678 Durion Ct.



Beautifully remodeled... 3BD/2BA lake home. Located in East Rocks, Living/ kitchen area boast beautiful lake views New stainless appliances, freshly painted, new baths, and more! Priced to sell.

\$699,900

Seashells of Sanibel #36



2-BD/2-BA second floor unit! Great rental income with 3-day minimum rentals! Conveniently located and just a short walk from some of the finest, unspoiled shelling beaches in the world, this complex is an

\$380,000

Sandalfoot #3C1



Beautiful 2 BR/2 BA unit with walk-out to the pool and beach. Updated, the kitchen features custom cabinetry, granite counter tops and stainless steel appliances, both bathrooms have been remodeled and the unit has an open floor plan.

\$699,000

BEACHFRONT NEW PRICE

6477 SANIBEL-CAPTIVA RD., SANIBEL

- Last Home before Blind Pass
- Next to the Mad Hatter Restaurant MLS 219000116 \$3,990,000 John Stephens 239.980.6394

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17 BEACH HOMES, CAPTIVA

- Extraordinary Gulf Front Views
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2611 W. GULF DR. #C102, SANIBEL

- Remodeled w/Designer Finishes
- Direct Gulf, 3 BR, 2 BA, Granite Kitchen MLS 218078824 \$1,595,000
- Jason Lomano, Lomano-Nicholson Team 239,470,8628



1243 SAND CASTLE RD., SANIBEL

- Radiant 4 BR, 4 BA, Pool & Fireplaces
- Indoor/Outdoor Living for Entertaining MLS 218084313 \$1,150,000

Maureen Ahmed 239.839.7250



15295 CAPTIVA DR., CAPTIVA

- Steps to Beach from this Great Location
- Only Lot Available in Captiva Village \$899,000 MLS 217076331 McMurray & Nette 239.281.4435



1585 BUNTING LN., SANIBEL

- Total Chic Remodel 3 BR, 2 BA
- Amazing Sleek Kitchen w/White Quartz \$622,000 MLS 219027416

Linda von Wowern, McMurray & Nette 239.223.3382



Florida Locations: Bonita Springs/Estero, Cape Coral, Captiva Island, Fort Myers, Naples/Marco Island, Ocala and Sanibel Island

> North Carolina Locations: Cashiers, Highlands and Sapphire Valley/Lake Toxaway









1635 LANDS END VILLAGE, CAPTIVA

- 2 BR, 2 BA, on Redfish Pass & Gulf
 Stunning Waterfront Views

\$1,429,000 MLS 219013772 Vicki Panico & Fred Newman 239.980.0088

BEACHVIEW CC ESTATES

1244 PAR VIEW DR., SANIBEL

- Remodeled, Open Floor Plan w/Views
- 4 BR, 3 BA, Stunning New Master BA MLS 218021869 \$989,000

Linda von Wowern, McMurray & Nette 239.223.3382



9027 MOCKINGBIRD DR., SANIBEL

- Lake View, Gorgeous Sunsets
- 4 Bedrooms, 3 Bathrooms

MLS 218050671 \$799,000 Jamie Gates 239.910.2778



255 HURRICANE LN., SANIBEL

- Private Setting at End of Road
- Cleared w/Survey & Elevation
- \$395.000 MLS 219024679

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6053 SANIBEL-CAPTIVA RD., SANIBEL

- 1.6 Acres on Clam Bayou
- Western Exposure, Wonderful Sunsets \$1,195,000 MLS 219012231 McMurray & Nette 239.850.7888





5659 SANIBEL-CAPTIVA RD., SANIBEL

- Beach House w/Sunset Vistas
- Waterfront 2 BR, 2 BA, Loft/Den
- \$949,000 MLS 219010968 Bob Radigan 239.691.6240

SAND POINTE

2737 WEST GULF DR. #132, SANIBEL

- Remodeled Top Floor, 2 BR, 2 BA
- Vaulted Ceilings, Large Open Kitchen
 \$714,900
 MLS 219001994

Jason Lomano, Lomano-Nicholson Team 239.470.8628



1501 MIDDLE GULF DR. #H210, SANIBEL

- Open Studio Floor Plan
- Desirable Sundial Resort & Spa MLS 218080098 \$389,000

Brian Murty 239.565.1272



3869 WEST GULF DR., SANIBEL

- 1 of 3 Lots Available, 104'+ Beachfront
- Incredible Opportunity, Ideal Location
- \$3,895,000 MLS 218085212 McMurray & Nette 239.850.7888



228 VIOLET DR., SANIBEL

- Near Beach Masterpiece, 4,000+/- S.F.
- 4 BR, Pool, Remodeled to Finest Standards
- MLS 219009841 \$1,879,500 Jason Lomano, Lomano-Nicholson Team 239.470.8628



829 BIRDIE VIEW PT., SANIBEL

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- Sparkling Pool w/Southern Exposure \$1,150,000 MLS 218028250

Cindy Sitton 239.810.4772



2605 WULFERT RD. #4, SANIBEL

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- Wraparound Screened Porches, Private Elevator \$899,000 MLS 219027225

McMurray and Nette 239.281.4435



566 BOULDER DR., SANIBEL

- Updated 3 BR, 2 BA, Near Beach
- Spectacular Pool, Lake Views \$699,900 MLS 219002114

Sharon Kottraba, Lomano-Nicholson Team 804.240.3115



2515/2517 WULFERT RD., SANIBEL

- Vacant Lot #14 Green, Lake & Fairway
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- Lovely Sanctuary Golf Course Views
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Real estate done really well.

DIRECT BAY FRONT- SANIBEL



- Beautiful 4 BR, 4 BA w/Pool & Spa
- Private Location w/Spectacular Views
- Elevator, Gorgeous Kitchen Area
- \$3,795,000

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- Private Enclave Situated on 1 Acre
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CHATEAUX SUR MER



- Steps to Beach, Private Setting on 11/2 Lots
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Rotary **Happenings**

submitted by Shirley Jewell

took a few days off recently and unfortunately missed our Rotary meeting on April



26. Returning home, like most of us, I checked my emails to see what I had missed during my absence and what I needed to take care of in the next couple of weeks. Two emails struck me that came from San-Cap Rotarians. Both emails, although much different in personal musing and message, represent how deeply our club Rotarians feels about how we can use Rotary's collective dynamism in approaching small or large tasks that need to be done to make a difference. Working together does make a difference. Rotary International's motto is: Service Above Self. Here are the emails:

'Greetings!

No doubt you were as shocked by the tragic bombings in Sri Lanka as I was. I must admit, I don't know a lot about this island nation off the coast of India. So, I went online to find out about Rotary in Sri Lanka. It is part of District

3220 (along with the Maldives). There are 61 Rotary clubs in Sri Lanka, and the oldest is in Colombo, founded in 1929. All told, there are 1,600 Rotarians in Sri Lanka. They raise funds for the Rotary Foundation, they hold an annual Presidents-Elect (PETS). While there are no doubt significant cultural differences, in many ways Rotarians in Sri Lanka are just like you and me. Which is one of the most important aspects of Rotary - at least to my way of thinking. It reminds that people around the world are united by far more than that which divides us. Call me an idealist – but I really believe that to be true. It is part of why I am a Rotarian."

– John Danner, president of the Sanibel-Captiva Rotary 2018-19 (received April 23)

Some thoughts on Road Kill (Lee County Adopt a Road cleanup... just off Sanibel, before toll booths):

'Last Saturday, I worked at Road Kill with several other Rotarians. I didn't find any dead animals or dollar bills or anything of value as I had in the past... just lots of plastic bags, bottles and old

As I was walking and picking up the trash of some of our less than thoughtful citizens, I thought 'Four years of college, four years of medical school, six years of postgraduate training, nearly 35 years of medical practice, and here I am, picking up garbage on a beautiful Saturday morning.

"Just a few days before, as I was driving on the Route 41 bypass as a shortcut to Alico Road on my way to FGCU for a piano lesson, I saw some guys with bright orange smocks like we Rotarians wear for Road Kill, picking up trash from the side of the road. Great, I thought, Fort Myers Rotarians at work. However, as I got closer, I saw a sign by the side of the road saying: State Prisoners at Work. Well, I thought, if we can pick up trash so can state prisoners.

"Last Saturday at Road Kill, I felt a kinship with the state prisoners. Even more so when I realized that I had forgotten my belt and my heavy dungarees kept falling well below my waist so that every minute or so I had to stop and pull them up. Beltless pants, prison pants, just like they go beltless in

"After I had collected a couple of bags of garbage and dropped them off at the Naumann building, driving back to Sanibel and approaching the causeway, I noticed how improved and clean the side of the road looked. I realized that,

despite the crazy musings detailed above, it was really worth the effort to work toward beautification (or at least eliminating ugliness) of our roadsides, and that as Rotarians we did good work. And once a passing biker, all bedecked in Spandex, even shouted a loud 'thanks. And, in many ways, Road Kill was actually fun... and with no offense to Lee Almas, for me at least, it sure beats parking cars.

So thanks Darrin for organizing Road Kill and shout outs to all the Rotarians who worked.

– Richard Mattern, speaker chair of Sanibel-Captiva Rotary (received April 26)

Our club Rotarians are spectacular. They truly have the most open minds and hearts of any organization I have been privileged to be part of this Rotarian club that wants to better this world. So if you are so inclined, come to one of our upcoming meetings and find out for yourself.

The Sanibel-Captiva Rotary Club meets Friday mornings at 7 a.m. at The Dunes Golf & Tennis Club. Guests are welcome.☆

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Nicole McHale accepting the Sue Rosica Gray Volunteer of the Year Award

photos by Jeff Lysiak

From page 31

Chamber

chamber to leave yesteryear behind in terms of marketing and taking advantage of the technology available to promote everything that makes Sanibel and Captiva unique," added Pruss. "The new visitor center ensures that those who visit will not only enhance their experience, but more easily and directly be linked with our members' businesses.

Later, Lai discussed his experiences as chamber president in 2018. He talked about being a spokesman for issues important to chamber members, including water quality, and how red tide and blue-green algae outbreaks affected the island business community.

Incoming board chair Mary Bondurant stated her three primary objectives for 2019, including promoting the chamber's newly redesigned website, concentrating



Bridget Vandenburgh receiving the New **Business of the Year Award from Mary Bondurant**

on member engagement and communications, and continuing to be a champion for improved water quality.

"Water quality will continue to be in the forefront of our agenda as a chamber," said Bondurant. "We have been fortunate to have John (Lai) on our team. He has been a significant force in efforts to address water quality issues. He has the respect of both his peers and decision makers.

Finally, Bondurant and fellow board member Brian Kautz handed out awards. Bridget Vandenburgh of Bridget Vandenburgh Interiors received the New Business of the Year Award; Doug Babcock, representing Sanibel Captiva Beach Resorts, received the Business Person of the Year Award; Nicole McHale received the Sue Rosica Gray Volunteer of the Year Award; and Chauncey Goss received the Citizen of the Year Award.

A dinner reception in the Sundial Room followed the meeting.☆

Here, It's April Flowers, Then May Sh



1238 Isabel Dr, Sanibel Harbour New landscaping coming soon to bayfront pool home with this view. Soaring ceilings, 2 fireplaces, 4-stop elevator, 3-car garage, every room remodeled, kitchen including butler's pantry, over 5000 sq. ft. of living space. New roof & exterior too. Also dock with boat lift. \$3,495,000



Pointe Santo #C43

Penthouse 3 bedroom with private rooftop deck in building getting new roof this fall. Great opportunity to get into miniresort as building restoration project is completing. Excellent rental income. Clubhouse with planned activities, pool, spa, tennis, bbqs, & more. \$995,000 furnished & with bookings



Signal Inn #4

Gulf-view 1/2-duplex 1 bedroom with updated kitchen with stainless steel appliances, remodeled bath, screened balcony, washer/dryer. Storeroom & parking below. Great investment. Onsite rentals with 3-day minimum, petfriendly. Sale includes future bookings. \$499,900 turnkey



9270 Kincaid Ct, Belle Meade

Lowest-price for Sanibel lot. Midway down private sandy/shell road in inland community off Sanibel-Captiva Rd. Convient to bike path, wildlife refuge, school, & recreation center. Preserved land across street ensures continued natural view in the future. \$149,000



842 Limpet Dr, Shell Harbor

Newly remodeled 3-suite ground-level pool home centered around modern great room with 2-story wall of windows overlooking deep-water canal. Only upper-level living is loft-style family room. Like new in & out including landscaping. Dock with boat lift too. \$2,295,000



1050 White Ibis Dr, Gulf Shores

Easy-living ground-level split-plan 4 bedroom 3.5 bath designed around central great room. Steps to community deeded beach access. Overlooking inland waterway. Has been used for family vacations, but would be a great investment rental. Lovely pool & spa. \$849,000 furnishings available too



Captains Walk #F4

Rare offering, one of largest floor plans here. Ground-level canal-side end-unit 2 bedroom 2 bath with full-sized washer & dryer. Murphy bed in 2nd bedroom, otherwise unfurnished. Bright white plantation shutters & glassed lanai. Could use cosmetic updating. \$349,000

2242 Periwinkle Way Sanibel Square #3



One of last vacant parcels in popular mid-island community, handy to bay & gulf beaches, causeway, shopping, & bike path. Along back circle overlooking miles of conservation land to sunsets. Oversized at nearly an acre, so home & pool layouts will work here.



1351 Middle Gulf Dr, Moonshadows

~3,000 sq. ft. with 3 bedrooms right on

the beach. Sometimes mistaken for a

condo, this is actually a gulf-front 1/2-

duplex home where the land is included

offering options for personalization not

found in most condos. Pool/tennis on

common ground shared with 12 owners.

\$1,495,000 furnished

Sanibel Arms West #E2

Beach-front 2 bedroom with this view

from gulf-side lanai. Also has 2nd

screened lanai off master suite. Both

baths recently updated, expanded open

kitchen & washer/dryer too. With low

condo & rental fees, this unit is an

excellent investment opportunity.

\$849,000 furnished

\$249,000 for 27 years



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Gulfside Place #222

All-new 2nd floor gulf-facing 2 bedroom plus den in residential community with resort-like amenities. Both baths now feature large walk-in showers, while bright open kitchen has raised ceiling, breakfast bar, stainless appliances, & stunning quartzite. Neutral & modern. \$1,429,000



9448 Begonia Ct, Gumbo Limbo

At the end of cul-de-sac with lake views in two directions, this semi-raised home offers easy one-level living. Living room, master suite, & family room plus kitchen all have wonderful water views. New roof & new HVAC. Room for pool or enjoy the huge lakeside screened deck. \$699,000



898 Rabbit Rd, Windrow

Build a beach house here. Lot size is ~80' x 200'. Both back & north side neighbor is church. Home built on similarly-sized lot to south illustrates what size home might be constructed here. Pathway to gulf beach is at other end of street, not far from bike path. \$170,000









The SanibelSusan Team: Susan Andrews, David Anderson, Lisa Murty, & Elise Carnes



Rob Steffan with a large tarpon

Tarpon Hunter To Speak At Fishing Club Meeting

he Sanibel Island Fishing Club will hold its last meeting of the season on Tuesday, May 14 at The Community House, located at 2173 Periwinkle Way. The meeting gets under way at 6:30 p.m. with a half-hour social, followed by the featured speaker at 7 p.m. There is no admission charge and the angling public is welcome. Pizza and refreshments will be available at a nominal charge.

This month's featured speaker is tarpon hunter Rob Steffan. After moving to Southwest Florida, Steffan joined the Cape Coral Tarpon Hunters Club. Within a short time, he became a member of the board of directors and ultimately became the club vice president and president. He was awarded the club's Sportsman of the Year award in 2017, and is currently serving as vice president. By using techniques promoted by the Tarpon Hunters Club, he has released many tarpon, mentored

photo provided

several beginner tarpon fishermen, and shared his extensive experience with many

Steffan will speak about some of the basics of tarpon fishing in local waters. He will discuss how average fishermen can become engaged in tarpon fishing both inshore and near shore. He will also address ethical fishing tactics and tarpon fishing gear that helps ensure safe catch and release of the area's greatest sport fish. He will explain both bait and tackle selection. His presentation is designed to help those new to tarpon fishing so they can get out on the water and experience

the mighty silver king firsthand.
The Sanibel Island Fishing Club meets monthly through season and sponsors several group outings as well as lending support for various fishing related charities and organizations such as Captains for Clean Water, SCCF and Sanibel Sea School. For information on joining the club, contact President Tom Tilton at 901-494-8829 or attend the next meeting. To view fishing photos or explore the fish recipe section, visit www. sanibelslandfishingclub.com. 於

From page 1

Shell Museum



Bricks being removed from the museum's memorial garden

photo by Jeff Lysiak

added. "They're replacing the concrete slabs with bigger, reinforced concrete floors.

Three years ago, the idea for the museum's massive renovation project started with the Touch Tanks.

"(Museum biologist) Rebecca Mensch built an eight-foot tank, which we installed on the first floor in 2015. But we learned very guickly, with more than 60,000 visitors every year, that it just wasn't going to be possible to do everything we wanted to do," recalled Hipschman. "The Touch Tank demonstrations are very popular; in fact, for many people it's life changing. People come here thinking shells are just rocks, but when they learn that they're living things, it really opens their eyes.

Initially, museum leaders discussed the idea of adding a large aquarium within the Great Hall of Shells, located on the second floor. However, given the terrific weight such an amenity would require, as well as the limited space available, other options began being explored.

We had to think about how we could maximize the space within our building,' said Hipschman. "We can't expand the footprint of our building, so we had to look into how we could use our ground floor best.

That's when the idea behind the Your Museum Comes Alive! project really took

Hipschman and other museum representatives met with island architect Amy Nowacki and City of Sanibel Building Department official Harold Law. During that meeting, Law pointed out that because the building is supported by columns rather than walls, none of the interior walls of the structure were load-bearing.

"As long as the aquariums are

contained underneath the extension of our roof, we can add them to our first floor,' Hipschman noted.

Preliminary plans call for "between 10 and 15" live aquarium tanks – with capacities between 100 and 1,000 gallons - to be installed at the museum.

'We're planning to build a natural ecosystem of mollusks, fish and other marine creatures that you might not know that much about or haven't seen before,' said Hipschman, who offered that the tanks might be occupied by octopuses, cuttlefish, giant clams and squids. "We want people to look closely - we want them to be amazed."

Although there is no formal date for the first phase of construction work to be done at the museum, Hipschman estimated that a majority of the physical work should be completed by November. Once the first phase is done, work on the installation of aquarium equipment will begin.

Right now, our goal is that our Under the Sea fundraiser – which will be held on February 1, 2020 – will serve as our grand reopening," said Hipschman.

In addition to private donations, the

aquarium project is sponsored in part by the Department of State, Division of Cultural Affairs, the Florida Council of Arts and Culture, and the State of Florida. The museum is raising the remaining funds needed to complete the project. Once operational, the new facilities pay for themselves and can be used to underwrite children's educational programs.

Visitors can check out www. shellmuseum.org/alive for construction progress and schedule updates. To learn more about the aquarium or the Bailey-Matthews National Shell Museum's mission, call Dorrie Hipschman or Melanie Moraga at 395-2233.☆

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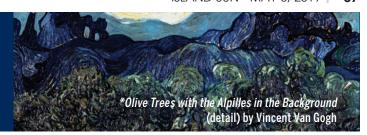
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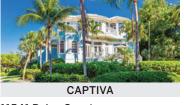
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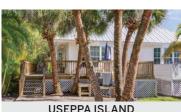
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Co-Signing Loans For Children And Grandchildren



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

d" telephoned me the other day with a problem. "Craig" he said, "I have a bank coming after me for \$200,000. Does my revocable trust offer me any protection?"

I was surprised to hear that Ed was in financial trouble. As it turns out, it wasn't Ed who caused the bank problem. I learned that Ed's son, "Bruce" purchased a home five years ago, when Bruce was employed. In order to help Bruce qualify for the mortgage, Ed co-signed and personally guaranteed the mortgage note.

You can guess what happened. Bruce lost his job. Bruce then fell behind with his mortgage payments. Ed decided not to help Bruce with the mortgage payments, which turned out to be a mistake since Ed co-signed the loan. The home was foreclosed. Since the value of the home hasn't significantly increased, the foreclosure sale of the home brought an amount less than the outstanding balance of the mortgage. The bank therefore obtained a deficiency judgment against both Bruce and Ed.

Since Bruce doesn't have any assets, the bank is seeking recourse from Ed. The first I learn of this mess was Ed's call to me asking whether his revocable trust somehow protects him against the bank. I advised Ed that his revocable trust does not offer any asset protection because he can freely do with the trust assets as he pleases. A revocable trust is simply another form of ownership. Since Ed can freely spend and consume his trust assets, they are not protected against creditors.

Because of Bruce's inability to pay the mortgage, Ed's credit rating could also be adversely affected by these problems.

Ed's dilemma highlights an issue that many parents of adult children should consider before co-signing notes, and that is to determine what the worst-case scenario looks like, and whether that scenario could be financially devastating.

In addition to the monetary losses Ed may have incurred, there could be gift tax repercussions to the guarantee Ed signed. While an old Tax Court case held that an agreement to guarantee the payments of another's debts does not constitute a completed gift for purposes of the gift tax rules, the IRS position has in the past been that when a person guarantees the payment of another's debts, the guarantor transfers a valuable property interest, and therefore a completed gift has occurred.

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A controversial 1991 Private Letter Ruling, for example, held that a guarantee is a completed gift, although no guidance was provided suggesting what the value of such a guarantee might be. The IRS cited a Supreme Court decision, Dickman v. Comr., a 1984 case that held a parent's agreement to guarantee payment of loans conferred a valuable economic benefit to the child; as without the guarantee, the child may not have obtained the loan or would have had to pay a higher interest rate.

This controversial ruling has since been withdrawn without IRS comment. However, the IRS may maintain the position that if the child defaults on the loan and the parent repays amounts under the terms of the guarantee, additional gifts are made to the extent

that the parent is not reimbursed by the child.

With today's \$11.4 million gift and estate tax exemptions, making a taxable gift might not result in any estate taxes. The current exemptions sunset in 2025 absent any further action by Congress, and it is entirely possible that following the 2020 general election the tax law changes anyway.

In Ed's case this could constitute additional heartache. Not only may he be required to step in to cure the deficiency on the mortgage foreclosure, he may also lose some of his lifetime gift tax exemption.

The bottom line is that one should tread cautiously when co-signing or guaranteeing family obligations.

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From left, Sanibel-Captiva Rotary President John Danner; trust committee chair Bill Rahe and Rotary Wheelchair Foundation of Florida chairman Steve Agius photo provided

Rotary Presents Check To Foundation

n March 23, the Sanibel-Captiva Rotary Club inaugural Wheels for Wheels fundraiser brought in more than \$25,000 for 2,500 wheelchairs in coordination with the Wheelchair Foundation of Florida. Each dollar raised at this year's event will go directly for

the purchasing and shipping of two containers of wheelchairs slated for distribution in the Bahamas by Rotarians and the Wheelchair Foundation of Florida later this year.

The Wheelchair Foundation is a nonprofit organization leading an effort to create awareness of the needs and abilities of people with physical disabilities, to promote the joy of giving, create global friendship, and to deliver a wheelchair to every child, teen and adult in the world who needs one, but cannot afford one.



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From left, Beth Rivera, operations manager/grants and scholarship manager of the Cape Coral Community Foundation; Wendy Cerdan, SCCF CFO and director of operations; and Dr. Don Neace, pastor of Water's Edge Church photo provide partnership between SCCF and Captiva

Cruises. Captiva Cruises takes the

the barrier island beaches.

children - some of whom have never

seen the beach - to Cayo Costa, where

and learn about the shells and habitats of

2010 by the late Paul McCarthy, founder

might not otherwise have the opportunity

to experience the coastal environment.

of Captiva Cruises, along with educator Richard Finkel and SCCF. It provides

a hands-on opportunity for youth who

No Child Left On Shore was started in

they have a chance to be in the water

Cape Coral Foundation Gives Gift To SCCF

welcome gift of a \$2,250 grant from the Community Foundation of Cape Coral to the Sanibel-Captiva Conservation Foundation (SCCF) in support of No Child Left On Shore, will bring about 100 underprivileged youth from Cape Coral to the beach.

No Child Left On Shore is a

Chair Of Water District Speaks To Lions Club

outh Florida Water Management District (SFWMD) Board Chair and Sanibel resident Chauncey Goss was the guest speaker at the Sanibel Captiva Lions Club April 17 dinner meeting. He discussed the history of the district, where it is going and the direction of its new board.

Headquartered in West Palm Beach, SFWMD is the oldest and largest of the state's five water management districts, serving 41 percent of the state's population or 8.1 million people. It has 1,500 staff members and operates on an \$800 million budget, of which \$277 million is from the ad valorem (property) tax from within its 16-county jurisdiction.

While flood control is the primary responsibility of the SFWMD, it has become a challenge in recent years due to rapid population growth.

"We do a really good job with flood control, especially in Collier County where flooding is a bigger issue than (on Sanibel and Captiva)," Goss said.

Florida relies on tourism to drive its economy, which means it is dependent on the environment, making water quality issues more than an environmental problem, but an economic and even a health crisis.

"Our water projects are very important to us," Goss said as he briefly



Chauncey Goss

photo provided

discussed the EAA and C43 reservoir projects, as well as the expensive Comprehensive Everglades Restoration Plan. "Everglades restoration is the largest environmental restoration project in the nation's history. It is one of our key initiatives."

To learn more about the SFWMD, visit www.sfwmd.gov.

The Sanibel Captiva Lions Club will return to its regular dinner meeting on May 15 at The Community House. To learn more about the Lions or how to become a member, visit www. sanibelcaptivalions.org. Visiting Lions are always welcome to attend.





FRIDAY Mostly Cloudy High: 82 Low: 75



SATURDAY Partly Cloudy High: 81 Low: 74



SUNDAY Partly Cloudy High: 83 Low: 72



MONDAY Sunny High: 82 Low: 75



TUESDAY Few Showers High: 81 Low: 74



WEDNESDAY Sunny High: 83 Low: 76



THURSDAY Sunny High: 84 Low: 77

Redfish Pass Tide

<u>Day</u>	<u>High</u>	Low	<u>High</u>	Low
Fri	1:21 am	6:25 am	12:46 pm	7:24 pm
Sat	2:05 am	6:47 am	1:04 pm	7:59 pm
Sun	2:50 am	7:07 am	1:26 pm	8:37 pm
Mon	3:38 am	7:27 am	1:54 pm	9:20 pm
Tue	4:34 am	7:47 am	2:28 pm	10:10 pm
Wed	5:45 am	8:05 am	3:07 pm	11:06 pm
Thu	3:54 pm	None	None	None

Point Ybel Tides

y	<u>High</u>	Low	<u>High</u>	Low
	12:26 am	6:27 am	11:51 am	7:26 pm
t	1:10 am	6:49 am	12:09 pm	8:01 pm
n	1:55 am	7:09 am	12:31 pm	8:39 pm
on	2:43 am	7:29 am	12:59 pm	9:22 pm
e	3:39 am	7:49 am	1:33 pm	10:12 pm
ed	4:50 am	8:07 am	2:12 pm	11:08 pm
u	2:59 pm	None	None	None
	t n on e	12:26 am t 1:10 am n 1:55 am on 2:43 am e 3:39 am ed 4:50 am	12:26 am 6:27 am t 1:10 am 6:49 am n 1:55 am 7:09 am on 2:43 am 7:29 am e 3:39 am 7:49 am ed 4:50 am 8:07 am	Low High Low High 12:26 am 6:27 am 11:51 am 1:10 am 6:49 am 12:09 pm 1:55 am 7:09 am 12:31 pm 1:243 am 7:29 am 12:59 pm 2:33 pm 7:49 am 1:33 pm 2:45 am 8:07 am 2:12 pm 2:59 pm None None

Punta Rassa Tides

<u>Day</u>	<u>High</u>	Low	<u>High</u>	Low
Fri	12:49 am	6:51 am	12:56 pm	7:34 pm
Sat	1:26 am	7:19 am	1:13 pm	8:12 pm
Sun	2:05 am	7:46 am	1:23 pm	8:53 pm
Mon	2:51 am	8:13 am	1:38 pm	9:36 pm
Tue	3:50 am	8:44 am	2:05 pm	10:22 pm
Wed	4:55 am	9:18 am	2:43 pm	11:11 pm
Thu	5:59 am	9:55 am	3:35 pm	None

Cape Coral Bridge Tides

<u>Day</u>	<u>High</u>	Low	<u>High</u>	Low
Fri	3:31 am	9:41 am	2:56 pm	10:40 pm
Sat	4:15 am	10:03 am	3:14 pm	11:15 pm
Sun	5:00 am	10:23 am	3:36 pm	11:53 pm
Mon	5:48 am	10:43 am	4:04 pm	None
Tue	6:44 am	12:36 am	4:38 pm	11:03 am
Wed	7:55 am	1:26 am	5:17 pm	11:21 am
Thu	6:04 pm	2:22 am	None	None

Island Seniors At Center 4 Life

eet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up.

Donations Needed For Trash & Treasures Sale – The center is now accepting donations for the fall Trash & Treasures Sale. Whether you are refreshing your home before returning in the fall or doing some spring cleaning, donate your clean, gently used items. A tax deductible receipt will be provided. Bring your donations – excluding books, clothes, shoes, computers or TVs – to the center Monday through Friday between 8 a.m. and 3 p.m. If you have any questions, call 472-5743.

Kayaking on Tuesdays – May 7 and 21 at 8:30 a.m. (weather permitting). There is space for 16 people on eight two-person kayaks and limited space for those who own their own kayaks. Island Seniors, Inc. will provide kayaks, paddles and life jackets. Bring water, a small snack, sun screen, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5 for members and \$20 for non-members. Advance registration is required.

Miami Spanish Roots and Little Havanna Guided Tour & Lunch at Versailles – Tuesday, May 7. Cost is \$99 for members and \$109 for non-members. Includes: round trip transportation, lunch at the famous Versailles Restaurant in Little Havana, private guided riding and walking tour of Freedom Tower, Miami Circle,

Domino Park and other sites. Bus departs from Fort Myers location at 9:30 a.m.

Page Turners with Louise Fitzgerald and Ann Hartman – If you would like to be on the list for Page Turners book discussions, email oceann@comcast.net or contact the center. The book for discussion on Wednesday, May 8 at 2:30 p.m. is After Anna by Lisa Scottoline.

Sunset Social Trivia Night – Tuesday, May 14 at 6 p.m. on the Sanibel Causeway (weather permitting). No charge for Island Seniors members and \$5 for non-members.

Spend an evening relaxing and watching the sunset with friends. Meet on the causeway at 6 p.m. Food will be served at 6:30 p.m. Bring a side dish to share and your beach chair.

Leisure Lunchers Trip to Sweet Melissa's Café – Wednesday, May 15.

Experience the award-winning Sweet Melissa's Café. Executive Chef Melissa Talmage challenges your taste buds to explore a creative menu with an array of tastes, textures and eclectic ingredients. Talmage is a semi-finalist James Beard nominee. USA Today listed Sweet Melissa's as one of the 10 best restaurants in South Florida. Guests will have an opportunity to speak with Chef Talmage, and learn about her background and approach to food. Separate checks will be provided. Limited seating available. Advance registration required.

Games – Cost for all games is \$2.50 for members and \$5 for non-members. Prizes will be awarded.

Bridge – Monday and Wednesday. Registration begins at 12:30 p.m.; the game begins at 1 p.m.

Mahjongg – Monday and Thursday at 12:30 p.m.

Hand & Foot – Thursday at noon. **Hearts** – Friday at 12:30 p.m.

Fitness Classes – Island Seniors, Inc. members pay \$4 per class, visitors pay \$10 per class. Annual membership is \$20. Sanibel Recreation Center members must show their membership card to attend. Fitness class schedule is as follows:

Happy Hour Fitness – Monday, Wednesday and Friday at 8 a.m. Keep your brain fit and your heart, lungs and muscles strong. Hand weights, stretch cords and your body weight will be used. The format is 40 minutes of cardio, 20 minutes of balance exercises, core strength, flexibility exercises and mat work. Athletic footwear is required. Connie DeCicco is the instructor.

Essential Total Fitness – Monday, Wednesday and Friday at 9:30 and 11 a.m. (available through May 10).

Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Athletic footwear is required. Mahnaz Bassiri is the instructor.

Power Hour Fitness – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

Gentle Yoga – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Bring a towel. Kim Kouril is the instructor.

Chair Yoga – Tuesday and Thursday at 11 a.m. Similar to gentle yoga but all poses are done in a chair. Kim Kouril is the instructor.

For more information, call 472-5743 or stop by the Center 4 Life, located at 2401 Library Way on Sanibel.

Dunes Women's Golf President Recognized



Jeanne Lindman

photo provided

pril 26 marked the last day of the season for the Dunes Women's Golf Association (DWGA).

President Jeanne Lindman was presented with engraved gifts to thank her for the two years she led the organization.



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From left, Al Hanser, founder and chairman of the trust company, with advisory board members Jeff Powers and Jim Doss photo provided

Doss is the founder and former

CEO of Structural Concepts Corp., a

equipment sold nationwide to major

is a Chicago, Illinois native and has

grandchildren reside here as well.

of over the counter pet medications

primarily used by companion animals.

The company was established in 2002

and distributes medications nationwide.

Powers also founded Med Vets, Inc., a

licensed wholesale veterinary pharmacy in

2004. Both companies are located in Fort

Western Michigan-based company that

manufactures refrigerated merchandising

supermarket and fast food chains. Doss

been a resident of Sanibel-Captiva since 1978. His wife, Dulce and several adult

Medical Solutions, a wholesale distributor

Powers is the founder and CEO of Bay

Advisory Board Members Join Trust Company

he Sanibel Captiva Trust Company has appointed local residents James Doss and Jeffrey Powers to the firm's advisory board, whose seven members serve as community ambassadors and advise on local business, nonprofit and societal trends.

We're honored to have both Jim and Jeff on our team," said Al Hanser, trust company founder and chairman. "Their business expertise, corporate and nonprofit board experience combined with dedication to their community is of tremendous value.

Local Eatery To Serve Specialty Desserts At Gala

inocchio's Original Italian Ice Cream of Sanibel will offer the popular ice cream and sundae flavors of the '70s at the American Business Women's Association (ABWA) 40th Anniversary

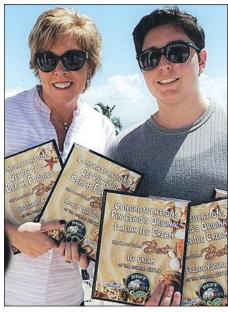
"Pinocchio's quality ice creams are perfect to showcase the flavors that rose to popularity in the '70s, such as mint chocolate chip and cookies 'n cream," said Laurie Verme, owner and ABWA member. "And all proceeds from Pinocchio's at the gala will go directly to continuing education scholarships.'

The Pinocchio's station will feature the most popular sundae topping of the '70s, such as M&M's Chocolate Candies, Reese's Pieces and York Peppermint Patties. The '70s specialty dessert cocktails, such as mint chocolate chip grasshoppers or vanilla brandy Alexanders, can also be created.

"With the support of sponsors and donors, we are delighted to be able to bring back ABWA's local scholarship initiative," said gala chair Marty Short of Donald W. Short & Associates. "We have received generous contributions for scholarships and very exciting auction items from the Sanibel Bean, Sundial Beach Resort & Spa, West Wind Inn, Sanibel Carts and many local businesses and organizations.

The ABWA Back to the '70s 40th Anniversary Gala will be held on Friday,

Visit Our Showroom at 10831 Sunset Plaza Circle #107 Fort Myers FL 33908



Laurie and Alice Verme of Pinocchio's Original Italian Ice Cream photo provided

May 3 at Sundial Beach Resort & Spa from 6:30 to 10:30 p.m. Participants can expect a myriad of silent auction items, music by The Renata Band, awards and prizes throughout the evening, and the ultimate '70s foodie buffet and bar, showcasing Pinocchio's Original Italian Ice Cream and menu favorites of the era. Attendees are encouraged to sport the hair, fashion and attitudes that made the '70s memorable.

To purchase tikets, priced at \$40 each, visit https://ABWASanibelCaptiva. Eventbrite.com. A cash bar will be





The Sanibel Captiva Trust Company Founder and Chairman Al Hanser and Sanibel City Manager Judie Zimomra photos provided



From left, Tom Sowerwine, Melissa Rice, The Sanibel Captiva Trust Company CEO Terry Igo, Elaine Adler and Steve Brown

Record Attendance At Trust Company Spring Celebration

elebrating 18 years serving Sanibel-Captiva and Lee County residents, The Sanibel Captiva Trust Company welcomed more than 220 guests to its Spring Celebration on April 25. The tent on Casa Ybel Resort's gulf side lawn was brimming with clients, friends, community and philanthropic leaders eager to fit in one more visit with each other before many of them point northward to second homes for the summer, or head off on well-deserved vacations.

"This past year has been an outstanding one for the trust company," said Al Hanser, founder and chairman of the trust company. "Both the strong growth and stability of the firm demonstrates once again the confidence our clients and professional advisors have in us. We continue to be very grateful for their business, and understand that we have a responsibility to uphold our mission in meeting or exceeding their expectations." Hanser also emphasized the heartfelt commitment the firm has with this community.

A picture-perfect evening was accompanied by music from Danny Morgan's Thank You for The Dance Entertainment. Musician Mark Dupuy played the steel pan and flute, while guests enjoyed appetizers and cocktails.



From left, Sue and Mick Denham, The Sanibel Captiva Trust Company Advisory Board Member Ginny Fleming and Director of Marketing Judy Bricker



Musician Mark Dupuy



Mary Ann Kanzius and Jack Roberts



Skipp and Valerie Tutor



Carolyn Clark and Merrill Taylor



Chris Heidrick and Holli Martin



Lisa Heidrick and Melissa Congress



From left, Tom August, Sally Hanser, Elaine August and Al Hanser



From left, Priscilla and Doug Viets with Linda and Nick Linsmayer



From left, Joan Kearney, Pete Bender, Billy Kirkland, Walt Hendry, Salli Kirkland, Janet Strickland and Rob Lisenbee



From left, Bill and Jaye Boswell with Sally Hanser



From left, The Sanibel Captiva Trust Company investment team members Joel Johnson, CIO Ian Breusch and Naples Trust Company President West McCann



From left, Lee Ellen Harder, Annie Campbell, Susan Heisler, The Sanibel Captiva Trust Company Board Member George Heisler and Chuck Ketteman



From left, Doug Cook, Steve Brown and Gary Dyer



Guests mingled on the lawn of Casa Ybel Resort, overlooking the Gulf of Mexico

Frankly Speaking



by Howard Prager

the loyal readers of the long-running sports column in this space. I am saddened to say my father-in-law Ed Frank passed away at the age of 87 on April 21, 2019. He was beloved by

nearly everyone, and as a tribute to him and to you, the readers he cared so much about, I'd like to continue his column starting with, who was Ed Frank?

Ed was raised in Indianapolis and was a journalist's journalist. He earned his journalism degree from Indiana University and, as an ROTC student, went straight into the Air Force as, you guessed it, a journalist (second lieutenant) in Korea and Japan. Upon discharge, he started his career with the Indianapolis Star, became a statehouse reporter and political analyst, followed by many years as chief Indiana lobbyist and public relations spokesman for Bethlehem Steel in Burns Harbor, Indiana. He made his home in Michigan City where he raised five children, and was president of a number of community organizations including the Michigan City Lions Club, the Lay Board of St. Anthony's Hospital and Sinai Temple. He served on the library board and the LaPorte County Visitor's Bureau.

I am married to Laurie, his second oldest.

Ed was an avid sports fan and golfer. In retirement, he'd golf at least twice a week for as long as he could up north, and he and his wife spent many winters in the Sanibel-Fort Myers area, which allowed him to golf year-round and where he learned about this paper. His sports loves were the Chicago Cubs. the Chicago Bears, Indiana University Hoosiers and many of the golf greats.



Ed Frank

Through this column, he developed a keen interest in the Minnesota Twins and the Boston Red Sox, teams that he watched eagle-eyed during spring training. He marveled recently on Tiger's comeback at the Masters, and I'm sure he would have devoted at least one column to the minutiae and details of his remarkable performance.

Ed met many sports greats and, going through his home, I found a ceremonial piece of the floor of Assembly Hall from the period when Indiana won several NCAA basketball championships, as well as a letter from Bobby Knight and framed photo of the 1976 championship team.

Ed didn't just watch sports, he lived them. The only time I heard him raise his voice was when the Cubs (or Hoosiers) were doing something dumb (or the other team was doing something well). He knew the finer points of sports, and kept a boatload of statistics at the top of his

I'm going to have to work hard to keep up with Ed. I love sports and am a big fan of college and professional sports too (sorry you have another Big

Ten fan writing for you, but instead of Indiana you'll hear about my beloved Northwestern Wildcats and Michigan Wolverines). And just so you know, I worked for Notre Dame and have respect for them as well.

I didn't play sports in school, I played tuba (and still do). My first baseball game was in Yankee Stadium (I was born in Brooklyn in 1956 - my mom was at Ebbets Field the day I was born, where the Dodgers lost to Cincinnati 10-6) and grew up in the Chicago area with a love for the Cubs and Bears. You can add the Bulls to that list, especially having lived with them from the start in 1966-67 as a new franchise through the Michael Jordan era and, sadly, back to square one again today. I'll work to keep up on the teams you're interested in also - the Twins, the Red Sox and the Florida teams (professional and college). I've titled this column Frankly Speaking as both a tribute to Ed and to raise the flag on some of the issues facing sports today - bloated multi-year contracts, more bloated TV contracts, expansion, college conferences that are no longer regional, discrimination, the DH, injuries and so much more.

So Ed, here's to you. We miss you already. I'm not sure I have the same skills and knowledge, but I'll do my best to make this column interesting, relevant and full of interesting facts and ideas. Readers, let me know what you'd like more or less of, and I commit to doing

my best for you.

Howard Prager is the son-in-law of longtime columnist Ed Frank. Prager is a sports enthusiast from the Chicago area who also writes and blogs about leadership. Email comments or questions to press@islandsunnews.com.☆

Overeaters Anonymous

If food is a problem for you, Overeaters Anonymous can help. Meetings are held in Room 132 at Sanibel Community Church on Tuesdays at 5:30 p.m. and on Fridays at 4 p.m.

For more meeting information, visit www.southwestfloa.org.

SERVICE

Sanibel Community Church is located at 1740 Periwinkle Way. \$

SPORTS QUIZ

- 1. In 2017, Houston's George Springer became the third person to hit five home runs in a World Series. Name either of the first two to do it.
- 2. Which of the following four players hit the most home runs while in a Cincinnati Reds uniform: Adam Dunn, George Foster, Ken Griffey Jr. or Tony Perez?
- 3. Who was the last rookie running back before Jordan Howard in 2017 to represent the Chicago Bears in a Pro Bowl?
- 4. Which men's basketball team was the last before Villanova in 2018 to win all six of its NCAA Tournament games by double digits?
- 5. In 2019, Washington's Braden Holtby became the second-fastest goaltender to reach 250 victories (409 games). Who was faster?
- 6. Through 2019, how many consecutive years has a Hendrick Motorsports driver won the pole for the Daytona 500?
- 7. How many times have Novak Djokovic, Roger Federer and Rafael Nadal combined to finish in the top three in the year-end ATP tennis rankings?

ANSWERS

Dryden did it in 381 games. 6. Five consecutive years. 7. Seven times. 1. Reggie Jackson (1977) and Chase Utley (2009). 2. Perez, with 287 homers, tops Dunn (270), Foster (244) and Griffey Jr. (210). 3. Gale Sayers, in 1965. 4. North Carolina, in 2009. 5. Ken



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Refuge Welcomes Back Former Staff

ast week, the JN "Ding" Darling National Wildlife Refuge welcomed the return of two staff members from the past. Former lead refuge ranger Kevin Godsea has stepped in for a 60-day detail as acting refuge manager; and Bob Gerwig, who served as crew lead for the refuge's 2009 summer Youth Conservation Corp program, has been hired as refuge wildlife specialist.

"It is an honor to come back to 'Ding' Darling and help a place that meant so much to me in the early part of my career," said Godsea. "Having been away for 11 years, much as changed, but it is refreshing to see some familiar faces that have continued to volunteer at the refuge and serve the 'Ding' Darling Wildlife Society.'

Godsea, who served at "Ding" Darling from 2000 to 2008, is filling in for Refuge Manager Paul Tritaik, who is serving on special detail duty



Kevin Godsea

at the refuge system's regional office in Atlanta, Georgia. Since leaving the refuge, Godsea has filled the position of refuge manager at Cape Romain National Wildlife Refuge near Charleston, South Carolina, and currently at Florida Panther National Wildlife Refuge Complex in southern

Gerwig, following his temporary stint at the refuge, worked full-time for the U.S. Fish & Wildlife Service for 10 years at the Winthrop National Fish Hatchery in Washington State, rising to the position of assistant manager. Most recently, he spent a year working in the Army Corps of Engineers' Fort Myers office.

A graduate in biology from Southern Illinois University in Carbondale, Gerwig will be assisting the biology, maintenance and administrative teams full-time for a four-year term.

"This is coming full circle," said Gerwig, who became a fan of the refuge as a child in the 1970s while visiting family from his home in Chicago. "The refuge is exactly what made me want to go into the field."

Wildife Society Appoints New Board Member

art-time Sanibel resident Barb Bluedorn recently joined the board of directors for the "Ding" Darling Wildlife Society-Friends of the Refuge. She and her husband have commuted back and forth from their other home in Dallas, Texas for 25 years. Now, as a trained permittee for the Sanibel-Captiva Conservation Foundation (SCCF) sea turtle patrol program, she

makes the trip weekly.

Bluedorn said that her love for the environment stems from her childhood in a small farming community in southern Indiana."I grew up in nature, totally out in the boonies," she said, adding that her father, who still lives there, five miles from cell reception, instilled an early love of the environment into his children. That passion was fanned when she and her family began visiting Sanibel. I finally put my finger on it: It was all the conservation going on in Sanibel," Bluedorn said. "For the kids, it was like coming to an outdoor laboratory. One of the highlights was biking through the refuge. There was something different to see every time. I feel like 'Ding' and SCCF are vital to what represents Sanibel and I am honored to be a very small part of the collective whole."

Bluedorn, who received her nursing degree from the University



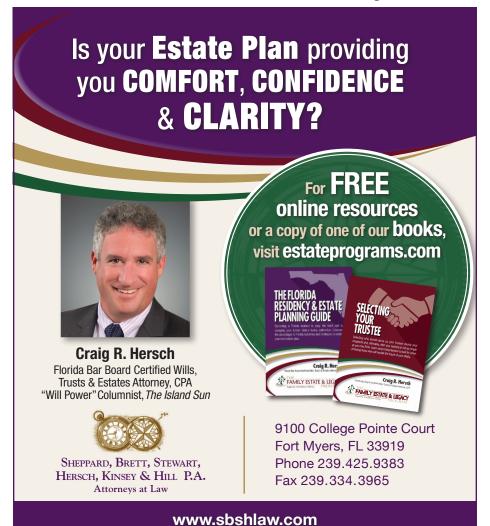
Barb Bluedorn

photo provided

of Indianapolis, worked in the areas of cardiac critical care, labor and delivery, home care, and discharge planning before retiring to raise her two daughters. The family lived in Hawaii, Boston, Pittsburgh, Hartford, Syracuse and Singapore before settling in Dallas and Sanibel.

"We heartily welcome Barb, and her passion for nature, into the fold of the DDWS board," said board president Mike Baldwin. "Already her enthusiasm has proven an asset to the mission we honor in supporting the conservation, research, education and land acquisition programs for the JN 'Ding' Darling National Wildlife Refuge." **





A Smart Gut





by Ross Hauser, MD and Marion Hauser, MS, RD

id you know your brain is directly connected to your gut? Your mouth waters when you think about food, right? There are emotional connections too. Those "butterflies" you feel in your stomach start in your brain. That's because the gastrointestinal tract is sensitive to emotion. Fear, anger and anxiety are all felt in the gut because the brain has a direct effect on the gut. This connection is a two-way street. An agitated intestine can send signals to the brain, just as a problematic brain can send signals to the gut. Distress in a person's stomach or intestines can be the cause, or it can be the product of anxiety, stress, or depression. The brain and the gastrointestinal system are intimately connected.

There are more than 100 million nerve cells in our gut. The gut is pretty smart. It talks to the brain and releases hormones and neurotransmitters into the bloodstream. Sure, the gut tells us when we're hungry and when we're full, but a recent study showed that the gut has an even stronger and faster connection to the brain. The gut can transmit messages faster than the blink of an eye. Scientists found a new pathway in cells called enteroendocrine cells located in the lining of the gut. These cells work to produce hormones that encourage digestion and suppress hunger. The scientists discovered that they also

talk to the brain. In a petri dish, the enteroendocrine cells reached out to brain neurons within 100 milliseconds.

The lining of your gut has been called "the second brain," and now there is more reason for the title. Given how strongly connected the brain is to the gut, it's important to regularly eat wholesome foods to keep that connection strong and healthy.

This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.

Pet Adoptions Include Tickets To Miracle Game

very Saturday, the Fort Myers
Miracle home games are pet-friendly
Bark in the Park – and Lee
County Domestic Animal Services wants
to help everyone join the fun by lowering
its adoption fees for dogs 6 months and
older.

For the month of May, fees will be only \$25 with an approved application and owners of the newly adopted pets will receive two free box-seat tickets to any 2019 Miracle home game.

The adoption package includes spay or neuter, microchip, up-to-date vaccinations, county license and a 10-day health guarantee. This is a \$500 package. Volunteers and staff are waiting to introduce families to their new, furry friends. Visit 10:30 a.m. to 3:30 p.m. Monday through Saturday at the adoption center, located at 5600 Banner Drive in Fort Myers.

For more information call 533-7387 (LEE-PETS) or visit www.LeeLostPets. com. Find Lee County Domestic Animal Services' social media sites on Facebook or Instagram @leeanimalservices.

Superior Interiors

Incorporating A Sleeper Sofa Into Your Living Space



by Trinette Nelson

hoosing living room furniture is all about keeping space, style and functionality in mind. Since the sofa is the focal point of seating arrangements in this area of

your home, you need to make sure it flows with the character and doesn't take up too much space. Another important aspect to consider is how to better accommodate your visitors – an especially critical step for those who don't have a guest room in the house.

Without putting your home under construction and adding more square footage to your space, there's one valid answer for the problem: investing in a sleeper sofa.

There are plenty of reasons to think about replacing your traditional couch with a sofa bed. Convenience and style are two of the top considerations. Whether you have family visiting or your friends want to spend the night after a planned event, a sleeper sofa can be the convenient, multifunctional piece of furniture you need. Instead of relying on a cot or air mattress, you can give your guests a sleeping arrangement to look forward to. Then, in the morning, enjoy the effortless adjustment to turn it back into a seating space for everyone.

What's best about today's pull-out sofas? They're not generic anymore – you don't have to worry about investing in an outdated piece of furniture that doesn't flow with the rest of the room. You can find a sleeper sofa in just about any shape, style, color or texture, making

it simple to find one that you love. Choose the style of your pull-out couch based on the space you have in the living room. If you have a lot of space to work with, perhaps a full sectional is the best choice. If your room is smaller, a loveseat option sounds more efficient.

Do keep the layout and style of your room in mind when designing around a pull-out sofa. Since the sleeper sofa is a versatile piece of furniture, you need to keep your allotted space in mind no matter the sofa's form. The size of the room will have a major impact on how you decorate around the sofa.

Whether you plan on using the pull-out bed often or only on occasion, you may want to consider a minimalist approach when it comes to the accessories and other pieces of furniture in the room. Make life easy on yourself and limit excess furniture that you'll have to move around to make the bed work.

Why wait any longer to transform your living room into a space you – and your guests – will love?

Trinette Nelson is an interior designer on Sanibel/Captiva Islands and can be reached at linda@coindecden. com.☆

New Moon Meditation Class

The next New Moon Meditation class will be held on Saturday, May 4 beginning at 7:15 p.m. Participants will can take part in a guided meditation on the beach as the sun sets and the moon rises.

Meet at Alison Hagerup Beach Park, located at 14790 Captiva Drive. This beach is labeled "South Beach" or Location #30 on South Seas Island Resort maps.

The suggested donation is \$10 to \$15, with all proceeds going to benefit Sanibel-Captiva Conservation Foundation's sea turtle research program. Bring a towel or blanket to sit on.

For more information, visit www. ambuyoga.com or call 314-9642.☆

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deaRPharmacist

Nine Ways You Ruin Your Teeth



by Suzy Cohen, RPh

ear Readers: You may unknowingly be hurting your teeth with everyday things, for example, by drinking kombucha. Enamel is the protective hard coating on the outside of your teeth, and

when it comes off, tooth erosion occurs and cavities form.

Several health articles have come out recently, warning about kombucha and its potentially detrimental effects on teeth. The same enamel damage can be done by eating citrus fruits, drinking fruit juice, drinking coffee, carbonated water or soda. Protect your teeth if you love these drinks: Drink water afterwards to rinse and neutralize all the acid. Find unsweetened brands and don't sip it all day. Drink your kombucha (or other acidic drink) very quickly. Wait 30 minutes to brush your teeth because your enamel is most vulnerable when it has just been exposed to acidic beverages and brushing it may aggravate the enamel at its weakest moment. So rinse with water immediately after drinking, and then brush your teeth 30 minutes later.

These nine factors can also ruin your teeth:

1. Antihistamines - They have

anti-cholinergic side effects which cause dry mouth through the reduction of saliva production. But it's the saliva that helps control bacterial growth in your mouth and saliva contains compounds that allow for re-mineralization (strengthening) of your

2. Biting Fingernails – This can crack or splinter enamel, especially if it's been primed by acidic drinks and therefore weak to begin with.

3. Brushing Your Teeth Immediately Scrubbing your dental enamel right after drinking anything acidic can hurt the

4. Drinking Coffee or Wine – It stains your teeth and makes you look older. The trouble is that routinely whitening them

with peroxide strips isn't so great either.
5. Osteoporosis Medications – Some of these drugs have been shown to have a detrimental impact on jaw bone, especially in patients who have had their teeth pulled.

6. Fruit drinks and juice boxes – The kids love these things, but again, the fruit juices are very acidic and full of sugar so it's a twofold blow upon their developing

7. Xerostomia – This is the term for dry mouth and low salivary flow, which can be caused by medications as well as some disorders. This can be caused by a multitude of conditions among them: prediabetes, diabetes, stroke, thrush, Candida, Alzheimer's disease, Sjogren's syndrome or hypothyroidism (low thyroid hormone).

8. Snoring or Sleep Apnea – It causes you to sleep with your mouth open and this leads to dry mouth, and this can cause your enamel to suffer from the lack of

9. Reflux - Your stomach acid is way

more corrosive than soda, kombucha, fruit juice and sparkling water. When you have reflux, the stomach acid that has a pH of 2 flows up your esophagus and may get into your mouth and hurt your teeth.

It probably goes without saying, but see your dentist routinely and eat a healthy balanced diet. Consider foods that are high in minerals like calcium, magnesium,

phosphorus and selenium. Vitamin D and CoQ10 are also useful for general dental health.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www. SuzyCohen.com.☆

Got A Problem? Dr. Connie Is In



by Constance Clancy

Q: What is intuitive healing? **A:** Intuitive

healing is listening to the messages your body, mind and spirit are telling you so you can act sooner to restore healing in all of these realms.

Your intuition is located in the area of your solar plexus, just above the naval. Often you will have sensations there, and this is your gut instinct that tells you to do this or not to do that. These warning signals are to be listened to and not ignored. Your inner guidance system is telling you, through messages, something you need to know. Intuitive healing is also integrative, meaning that you use and respect your leftbrained analytical mind, and yet there is a deeper calling from your inner guidance to review your options and, as you listen to your intuition, he/she never leads you astray and you will get clarity.

From my own personal experience, someone I knew developed sepsis and I was told by his western physician that he had only a "10 percent chance of making it through the night." He was being clear and told me what was essentially true. The miracle beyond the medicine, as I later called it, was just that. I stayed up all night and meditated after I talked with him in his unconscious state. I had this sixth sense, if you will, that he would survive the night. It was my intuitive voice telling me. To everyone's surprise, he did survive the night and to this day, 17 years later, he is continuing to thrive.

There are countless stories like this where the power of intuition and healing occur. I believe to this day that this patient used, to some degree, the intuitive side of his brain to heal and find inner peace.

So all the more reason we all need to pay attention to what our body is telling us, ask for inner guidance and realize that your belief system can set the tone for health and healing.

Constance Clancy, EdD, LMHC, LPC, NCC is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at drconstanceclancy@gmail.com or visit

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PETS OF THE WEEK

Lee County Domestic Animal Services

Sir Reginald And Sailor



Sir Reginald ID# A776288

ello, my name is Sir Reginald. I am a 1-year-old male bluetick hound who is a regal sort of fellow... at least when I am sitting patiently waiting for a treat. The rest of the time, I am a nose-to-the-ground kind of guy. I absolutely love people and being outside. I am the definition of a social butterfly. I recently went to the Fort Myers Miracle Bark in the Park game and decided I am a baseball fan.

My adoption fee is \$25.

Hi, I'm Sailor. I am a 1-year-old female domestic shorthair who is one of those cats that can entertain you just by watching me. I can keep myself busy checking out my surroundings and everything in them. I always cross my paws like a lady when I sit. I am quite the lap cat and like to hang out.

My adoption fee is \$30. Adopt me and get a feline friend at no addition charge.

For May, Lee County Domestic Animal Service is lowering its adoption fees for dogs 6 months and older. Fees will be only



photos provided

Sailor ID# A775959

\$25 with an approved application and owners of the newly adopted pets will receive two free box-seat tickets to any 2019 Miracle home game.

The adoption package includes spay or neuter, microchip, up-to-date vaccinations, county license and a 10-day health guarantee. This is a \$500 package. Volunteers and staff are waiting to introduce families to their new, furry friends.

For more information call 533-7387 (LEE-PETS) or visit www.LeeLostPets.com. Find Lee County Domestic Animal Services' social media sites on Facebook or Instagram @ leeanimalservices.

The shelter is open to the public Monday through Saturday at 5600 Banner Drive in Fort Myers. Adoptions are available 10:30 a.m. to 3:30 p.m. Monday through Saturday. For information, visit Lee County Domestic Animal Services at www.leegov.com/animalservices or call 533-7387.*

Haven on Earth Animal League

Chester And Dallas



Chester

i, I'm Chester and I'm a sweet, quiet guy. I'm very good with other cats and only about 3 years old. I'm looking for a home to call my own. Come see me at Petco in Gulf Coast Town Center. I'm up-to-date on vaccines, neutered and have a microchip. My adoption fee is \$100. To find out more about me, call Diane at 860-833-4472 or email Haven on Earth Animal League at havenonearthanimalleague@yahoo.com.

Hello, I'm Dallas. I'm only 3 months old and I'm looking for someone to love me forever. I'm



Dallas

a cute little black-and-white boy and I look like I'm wearing a hat. I'm neutered and up-to-date on vaccinations. I'm currently staying at Petsmart on Six Mile Cypress. Come see me and take me home. My adoption fee is \$125. To find out more about me, call Diane at 860-833-4472 or email Haven on Earth Animal League at havenonearthanimalleague@yahoo.com.

We are being cared for by Haven on Earth Animal League. For more information, call Diane at 860-833-4472 or email havenonearthanimalleague@yahoo.com.☆

PUZZLES

Answers on page 55

44 Asian elec-

45 Omega pre-

46 On in years

Actress

ceder

tronics giant

QUITE A Super Crossword **CH-ALLENGE ACROSS** 104 Grayish 52 Implied but 6 Geller of 44 From — Z 82 Bird bills 1 Pal of Owl not stated brown earth mentalism (every bit) 83 Fixes up text 57 Screwball 7 See 46 Arab leaders 5 Gunnvsack tone? 84 Play a role 58 Mad feeling 107 Branch of 91-Down 47 Western 87 ATM output material 11 Deserve 59 Periods of Islam 8 Balcony box spread 88 Med. scan 15 A-F linkup time between 109 Similar 9 Author 49 Hide-hair 89 How young 19 Gillette razor **61** Like — in 110 "How cool!" Sholem connector guys behave 50 Renoir works 90 Wholly name headlights **111** "Don't Be 10 Phrase of 20 Melodious **64** Chief foe Cruel" singer self-pity 51 "Meh" grade 91 With 7-Down, 115 Place for a 11 Vt. hours 21 Veer sharply who doesn't 53 Actress bit of foot 22 Shahs' home show up on mani-pedi 12 Initial Graynor jewelry 23 Competition time? **118** Primo Hebrew letter 54 Spotted cat 93 Contents of a to determine 66 Ready to go 55 JPEG or GIF 119 Spectator 13 Rene of spray can 67 Tortilla snack 96 Hayes and the best covered in "Thor" 56 Lettergarment 70 "This —" glitter? 14 Web user shaped Newton stiffener? (phone 122 Ball of thread 15 Two-legged opening for a 97 Tesla of the 26 "- in Boots" **123** — buco animals Tesla coil phrase) 27 "See! I was 71 Psyche part 124 Wireless 16 Defoe hero 60 Definite 98 Dresses with provider article right!" 72 Method used Robinson flares 17 Aquafina 61 Mgrs.' aides 99 Realm of 28 Architect by learned acquired by people? or Fiji Frank Verizon in 62 Speak out MSNBC. 29 Omega 78 Four pairs 2008 alternative against 125 Vocal range 63 Coen of film 101 Arduous trip 18 Ship banner lead-in 80 "Hill Street 30 Morales of Blues" actor 126 Give lin 24 Blue hue 64 Myrna of film 102 Reprimand 'The Brink' Daniel J -127 Fast -25 Long-65 Archery need loudly 31 Web sales 81 That lady 103 Biting fly Connecticut distance 67 Ecru 82 "How cool!" 128 Prickly-105 "- daisv!" 68 Pianist 33 Virile swimmer Rubinstein or 106 Deep gap leaved plant Communist 85 Church Diana leader? assembly **129** Actor 32 Type of eye Schnabel 108 Longtime 86 Warfare that 69 2004 CBS 36 Mason-Goslina surgery Arizona has not been 34 Pope's politician Mo Line spinoff **DOWN** 73 Lacto- -38 Tree-lined enchanted? religion: 112 Wicked boulevard 92 Amu -1 In history vegetarian 113 "To Live and Abbr. (Asian river) 42 Enter slowly 2 Bart and 35 Spring 74 Young chap Die —' 114 USAF NCOs 75 "Pipe down!" 43 Coup d'-94 Planet's path Lisa's bus holiday **44** Carne -95 Sport on driver 36 German for **76** Caddy drink 116 "Fur Is Dead" (steak dish) horseback 3 Paperless 60-Down 77 Actor Flynn org. 96 Even, as the 37 Figure skater 117 Elvis 45 Arctic birds test with a sword 48 Heartscore 4 Barely Midori 78 Western Presley shaped pre-100 Coif creator bearable 39 Full of frills 120 Lobster tribe 103 Singer 5 Iranian 40 Say further 79 Exec's perk euro Greek eggs 121 Very small Crystal religion 41 "Ave —" with wheels 12 16 11 19 20 21 22 23 26 124 25 27 29 30 28 31 33 34 35 42 36 | 37 38 39 40 43 46 44 45 48 49 50 51 52 53 54 55 56 58 60 59 61 62 63 64 65 66 68 69 70 71 72 Ī79 73 74 75 76 80 82 | 83 | 84 81 85 87 90 91 86 93 94 95 199 100 101 102 96 | 97 98 104 105 106 107 108 109 110 111 112 113 114 116 117 118 119 120 121 122 123 124 125 126 127 128 129

King Crossword **ACROSS** 1 Fellow "- Blue?" 8 Barbershop item 12 Mentor 13 CD- -14 Sheltered, at 22 sea 25 15 Office machine 17 Tarzan's transport 18 Scrooge's outcry 19 Hateful 21 Future mare 43 46 24 Met melody 25 Sandwich 48 49 cookie 26 Site of many 52 sites 30 Swindle 49 Old hand 8 Ritzy spread 31 Neighborhood Paquin and 50 Norway's Hodgepodge 34 Subject of a Quindlen capital Server's will 32 Id counterpart 51 Initial chip handout 35 Buccaneer's 11 Honey bunch? 33 Gap 52 Author bird Umberto 16 Shaft of light 37 Payable 35 Bartlett, for 53 Spruce (up) 20 Conks out 38 Prima donna one 36 Line of stitch-21 Central points 39 Verve **DOWN** 22 Press 40 Roster ing 1 Film high-tech 23 Fasting period 41 Sgt. Snorkel's 37 Papa tricks (Abbr.) 38 Triangular let-Region of 24 dog

Attila, for one

Colorado city

St. Louis

attraction

7 Undvina

Cattle call?

3 Skill

Vietnam

26 Tending to

spread

28 "Zounds!"

29

Requirement

British con-

servative

ters

"- Town"

42 Pelvic bones

43 Lyon-based

group

Baby

Eensy

Little

Diminutive

48 Expansive

crimefighting



Microscopic

Miniature

Minuscule

Minute

Pint-size

Pygmy

Small

Teenv

Tom Thumb

Toy

Wee

Bot Schwetz	SCRAMBLERS Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag! Swain ROUSTI Blaze RAFLE Bestow OWNED Leech ARDIN
"Good news — you got a from your ski instructor." answer on page 54	TODAY'S WORD

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3					2			9
	5		8				6	
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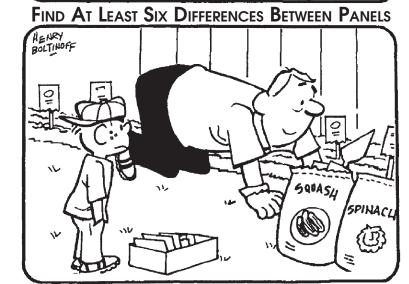
SUDOKU

To play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 55

HOCUS-FOCUS BY HENRY BOLTINOFF SPINACH SQUASA



Differences: 1. Boy's cap is backward. 2. Bags have been switched. 3. Man's shoe is different. 4. Fence is longer. 5. Box is closer to boy. 6. Extra marker is in garden.

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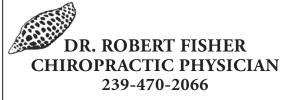
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ELECTRICAL





My Stars ★★★★ FOR WEEK OF MAY 6, 2019

Aries (March 21 to April 19) You might be tempted to be more assertive when dealing with a job-related matter. But a carefully measured approach works best at getting the cooperation you're looking for.

Taurus (April 20 to May 20) While others urge you to act now, you instinctively recognize that a move at this time is not in your best interests. You should know when to do so by week's end.

Gemini (May 21 to June 20) A busy schedule keeps you on the move for much of the week. But things ease up by the time the weekend arrives, allowing you to reconnect with family and friends.

Cancer (June 21 to July 22) Travel dominates the week, and despite some delays in getting to where you want to go, the overall experience should prove to be a positive one in many ways.

Leo (July 23 to August 22) Your Leonine self-confidence comes roaring back after a brief period of doubt and helps you get through a week of demanding challenges and ultimately emerge triumphant.

Virgo (August 23 to September 22) Virgos who have made a major commitment - personal or professional - should be able

to tap into a renewed reservoir of selfconfidence to help them follow through.

Libra (September 23 to October 22) You soon could receive news from a surprising source that could cause you to change your mind about how you had planned to deal with an ongoing job-related problem.

Scorpio (October 23 to November 21) A surprise move of support from a colleague who has never been part of your circle of admirers helps influence others to take a new look at what you've put on the table.

Sagittarius (November 22 to December 21) While a bold decision to take an "I know what I'm doing" approach impresses some colleagues, it also raises the risk of causing resentment among others.

Capricorn (December 22 to January 19) A misunderstanding 'twixt you and a friend might not be your fault at all, despite what he or she suggests. Talk it out to see at what point the confusion might have started.

Aquarius (January 20 to February 18) Getting into a community operation fulfills the Aguarian's need to help people. It also can lead to new contacts that might one day help you with a project.

Pisces (February 19 to March 20) A minor problem could delay the start of a long-anticipated trip for two. Use the time to recheck your travel plans. You might find a better way to get where you're going.

Born This Week: You are a dedicated romantic who seeks both excitement and stability in your relationships.

MOMENTS IN TIME

- On May 10, 1877, President Rutherford B. Hayes has the White House's first telephone installed, although he rarely received phone calls. In fact, the Treasury Department possessed the only other direct phone line to the White House at that time. The White House phone number was "1."
- On May 9, 1926, according to their claims, American polar explorer Richard E. Byrd and pilot Floyd Bennett fly over the North Pole in a triple-engine Fokker monoplane. However, the discovery in 1996 of Byrd's diary suggests they may have turned back short of the pole because of an
- On May 12, 1949, an early crisis of the Cold War comes to an end when the Soviet Union lifts its 11-month blockade of West Berlin. The blockade had been broken by a massive U.S.-British airlift of supplies to West Berlin's 2 million citizens.
- On May 6, 1954, in Oxford, England, 25-year-old medical student Roger Bannister cracks track and field's most notorious barrier: the four-minute mile. Bannister won the mile race with a time of 3:59.4.
 - On May 8, 1973, in South Dakota,

armed members of the American Indian Movement surrender to federal authorities, ending their 71-day siege of Wounded Knee, site of the infamous massacre of 300 Sioux by the U.S. 7th Cavalry in 1890.

- On May 11, 1988, Kim Philby, a former British intelligence officer and double agent for the Soviet Union, dies in Moscow. Philby was perhaps the most famous of a group of British government officials who spied for Russia from the 1930s to the
- On May 7, 1994, Norway's most famous painting, The Scream by Edvard Munch, is recovered almost three months after it was stolen from a museum in Oslo. It was recovered undamaged from a hotel about 40 miles away.

STRANGE BUT TRUE

- It was American actress, screenwriter and notorious sex symbol Mae West who made the following sage observation: "You only live once. But if you do it right, once is
- The world's highest tides are found in the Bay of Fundy, located in Nova Scotia, Canada. There, the difference between high and low tides can be as much as 50 feet.
- If you're a blood donor, you're part of a significant minority. In the United States,

continued on page 55

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4/26 - ☆ 5/3

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SCRAMBLERS

1. Suitor; 2. Flare;

3. Endow; 4. Drain

Today's Word

REFUND



Shore Fishing:



Don't Harm The Fish

by Capt. Matt Mitchell

anding a big fish from the beach can be hard on the fish. Dragging a fish up onto the sand if you're going to release it is not an option as it usually damages or kills the fish.

Hold the fish in the water while you unhook it if you're going to release it.

The less you can touch a fish before release the better for the fish.

If you want a picture with the fish, support it as you lift it out of the water - and do it quickly.

Before releasing, revive the fish while holding it in the water; moving it slowly back and forth so water goes over its gills. The fish will let you know when it's ready to swim

Florida residents as well as out of state visitors need a fishing license to fish from

STRANGE BUT TRUE

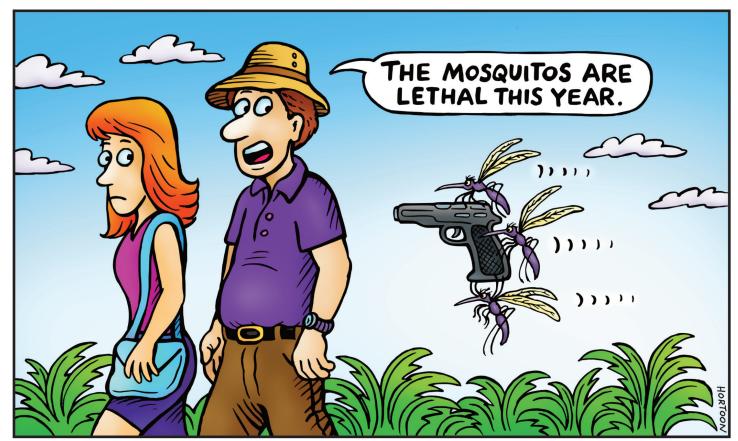
less than 5 percent of the population donates blood every year.

- The first sound recording ever made was created in 1877 by Thomas Edison. It was a musical selection: Mary Had a Little Lamb.
- · Cars weren't allowed on the island of Bermuda until 1948.
- What's in a name? Well, a great deal, it would seem - at least according to those trying to make it big in Hollywood. Joan Crawford was born Lucille La Sueur, Roy Rogers was Leonard Slye and Dean Martin was Dino Crocetti. Issur Danielovitch (wisely) changed his name to Kirk Douglas, and Archibald Leach decided he preferred to become famous as Cary Grant.
- Are you a cacographer? You may not be, but if you spend any time at all online you've certainly run across a few. A cacographer is someone who can't quite grasp the rules of spelling.
- Nobel Prize-winning Russian author Boris Pasternak wrote the novel Doctor Zhivago (later famously adapted to film). When the book was first published in 1957, in Italy, it earned great acclaim. However, it was decades before Pasternak's countrymen could legally read it - the book wasn't allowed to be published in the Soviet Union until 1988.

THOUGHT FOR THE DAY

"The only way to get rid of a temptation is to yield to it." Oscar Wilde

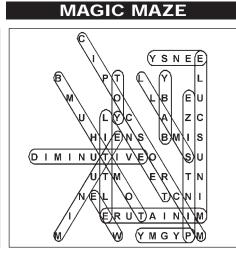
HORTOONS



PUZZLE ANSWERS

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Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Barefoot Beach	Bonita Springs	2017	6,400	\$11,995,000	\$11,675,000	1
Barefoot Beach	Bonita Springs	1998	4,754	\$3,800,000	\$3,800,000	0
Tuscany Isle	Bonita Springs	2002	7,080	\$2,650,000	\$2,600,000	139
Harbour Preserve	Cape Coral	2015	4,030	\$2,099,000	\$1,925,000	71
Navona	Miromar Lakes	2016	2,912	\$1,675,000	\$1,550,000	28
Riverwalk	Bonita Springs	1989	4,252	\$1,625,000	\$1,600,000	12
Gulf Ridge Sub	Sanibel	1988	3,400	\$1,365,000	\$1,285,000	102
Sanctuary At Wulfert	Sanibel	1996	5,348	\$1,195,000	\$1,100,000	100
Kenwood	Estero	2003	3,019	\$989,000	\$965,000	0
Gulf Pines	Sanibel	1974	2,472	\$975,000	\$900,000	265



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The New Hork Times

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